

**Academic Time – Table**  
**INSTITUTE OF INDIGENOUS MEDICINE UNIVERSITY OF COLOMBO**  
**Level V B.A.M.S. (2015 / 2016) Semester I -From 09.01.2023 to 17.02.2023**

| TIME                    | 14.01.2023<br>Saturday<br>(Online) | 21.01.2023<br>Saturday<br>(Online) | 22.01.2023<br>Sunday<br>(Online) | 28.01.2023<br>Saturday<br>(Online) | 29.01.2023<br>Sunday<br>(Online) | 11.02.2023<br>Saturday<br>(Online) | 12.02.2023<br>Sunday<br>(Online) | 16.02.2023<br>Thursday<br>(Online) | 17.02.2023<br>Friday<br>(Online) |
|-------------------------|------------------------------------|------------------------------------|----------------------------------|------------------------------------|----------------------------------|------------------------------------|----------------------------------|------------------------------------|----------------------------------|
| 08.00 a.m. – 09.00 a.m. | Balaroga                           | Shalya                             | Streeroga & Prasuthithan tra     | Balaroga                           | Shalakya                         | Streeroga & Prasuthithan tra       | Shalya                           | Kaya Chikitsa                      | Shalakya                         |
| 09.00 a.m.- 10.00 a.m.  |                                    |                                    |                                  |                                    |                                  |                                    |                                  |                                    |                                  |
| 10.00 a.m. – 10.15 a.m. |                                    |                                    |                                  |                                    |                                  |                                    |                                  | <b>Tea Break</b>                   |                                  |
| 10.15 a.m. – 11.15 a.m. |                                    |                                    |                                  |                                    |                                  |                                    |                                  | Kaya Chikitsa                      | Shalakya                         |
| 11.15 a.m. – 12.15 p.m. |                                    |                                    |                                  |                                    |                                  |                                    |                                  |                                    |                                  |
| 12.15 p.m. – 01.00 p.m. | <b>Lunch</b>                       |                                    |                                  |                                    |                                  |                                    |                                  |                                    |                                  |
| 01.00 p.m. – 02.00 p.m. | Streeroga & Prasuthithan tra       | Shalakya                           | Balaroga                         | Streeroga & Prasuthithan tra       | Shalya                           | Balaroga                           | Shalakya                         | Balaroga                           | Shalya                           |
| 02.00 p.m. – 03.00 p.m. |                                    |                                    |                                  |                                    |                                  |                                    |                                  |                                    |                                  |
| 03.00 p.m. – 03.15 p.m. |                                    |                                    |                                  |                                    |                                  |                                    |                                  | <b>Tea Break</b>                   |                                  |
| 03.15p.m. – 04.15p.m.   |                                    |                                    |                                  |                                    |                                  |                                    |                                  | Balaroga                           | Shalya                           |
| 04.15p.m. – 05.15 p.m.  |                                    |                                    |                                  |                                    |                                  |                                    |                                  |                                    |                                  |

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21.12.2022