

Institute of Indigenous Medicine, University of Colombo, Rajagiriya, Sri Lanka
Orientation Programme for the New Entrants
(Academic Year 2020/2021)
Ayurveda & Unani
2022

Inauguration Schedule (21.03.2022)

Time	Event	Coordinators
8.30 am — 8.40 am	Introduction video on Institute of Indigenous Medicine, University of Colombo	<u>Coordinator (Ayurveda)</u> Dr.N D Kodithuwakku (Senior Lecturer Gr I)
8.45 am — 9.00 am	Senior Prof. Priyani A Paranagama Welcome address by the Director, Institute of Indigenous Medicine, University of Colombo	<u>Coordinator (Unani)</u> Dr. M C N Razana (Lecturer)
9.00 am — 9.15 am	Professor Chandrika N Wijeyaratne Address by the Vice Chancellor, University of Colombo	Dr. G.M.A.L.P.Munasingha (Demonstrator) Dr. N.G.Madhubhashini (Demonstrator)
9.15 am — 9. 30 am	Dr. Rajitha Silva Address by the Senior Student Counsellor, University of Colombo	Dr. (Ms). MY F Shifna (Demonstrator)
9.30 am — 9. 40 am	Dr. (Ms) S P Molligoda Address by the Sectional Head / Ayurveda, Institute of Indigenous Medicine, University of Colombo	Comperes: Mr. Kavishka Madhushan Janz (Sinhala and English)
9.40 am — 9. 50 am	Prof. M S M Shiffa Address by the Sectional Head / Unani, Institute of Indigenous Medicine, University of Colombo	Dr. M J H P Shabra (Tamil)
9.50 am — 10 .00 am	Ms. Anoma Rathnayake Address by the Senior Assistant Registrar, Institute of Indigenous Medicine, University of Colombo	
10.00am-10.10 am	Dr. (Ms) W A S S Weerakoon Address by the Senior Assistant Student Counsellor , Institute of Indigenous Medicine, University of Colombo	
10.10 am — 10.20 am	Mr. Piyal Abeysekara Address by the Security Consultant, Institute of Indigenous Medicine, University of Colombo	
10.20 am — 10.30 am	Dr. (Ms) N D Kodithuwakku Vote of thanks by the coordinator of orientation programme, Institute of Indigenous Medicine, University of Colombo	
10.30 am -10.35 am	National Anthem	

Orientation Programme Schedule (22.03.2022—04.04.2022)

Time	Resource	Topic	Session coordinators
DAY- 1 (22.03.2022- Tuesday)			
* 9.00 am – 10.00 am	Prof. S M S Samarakoon Dr.Namal Jayawardane Unit of Kaya Chikithsa, IIM	<i>“Introduction of Curriculum By-Laws of BAMS”</i>	<u>Ayurveda session</u> Dr. R M D A Amarasiri (Prob. Lecturer)
*9.00am - 10.00am	Prof. N.Fahamiya Unit of Ilmul Advia,IIM	<i>“Introduction of Curriculum By-Laws of BUMS”</i>	Dr. R.M.R. Gunawardhana (Demonstrator)
*Two parallel sessions will be conducted for Ayurveda and Unani students			<u>Unani session</u>
10.00 am – 11.30 am	Head & Staff of IT Unit, IIM	<i>“Panel discussion on E-learning and Responsible use of internet & wi-fi facilities”</i>	Dr. M M M Nifras (Prob. Lecturer) Dr. (Mrs.) HNY Sulaiha (Demonstrator)
1.30 pm – 2.30 pm	Ms. HRS Gomas Assistant Registrar (Student welfare), IIM 0766768885	<i>“Regarding Bursaries, scholarships & other assistances” (Hostel etc)</i>	<u>Ayurveda session</u> Dr. N V Y Diloopa (Prob. Lecturer)
*2.30 pm- 3.30pm	Dr. M W S J Kumari,Senior Lecturer Unit of Basic Principles,IIM 0740280191 Dr. M C M Maheez, Senior Lecturer, Gr I 0772992221	<i>“History of the Institute and scope of the Ayurveda/Unani Undergraduate”</i>	Dr. T W N A B K Nisshanka (Demonstrator) <u>Unani session</u> Dr. A R F Rifshiya (Prob.Lecturer) Dr. (Ms) M A F Bushra (Demonstrator)
*Two parallel sessions will be conducted for Ayurveda and Unani students			
DAY -2 (23.03.2022-Wednesday)			
9.00 am – 10.00 am	Prof C. Embuldeniya, Founder Vice Chancellor, Uva Wellassa University	<i>Ragging act, prevention and prohibition of ragging</i>	Dr . K D Manori (Prob. Lecturer)
10.00 am- 11.00 am	Dr. Dhammika Abeygunawardhana, Commissionar, Department of Ayurveda	<i>“Opportunities as a BAMS/BUMS undergraduate”</i>	Dr. I A Liyanage (Demonstrator)
1.30 pm – 2.30 pm	Ms Anoma Rathnayake,SAR, IIM	<i>“Exam Procedures”</i>	Dr. M A C L Muthukuda (Prob. Lecturer) Dr. (Ms) M T F Sahadiya (Demonstrator)

DAY -3 (24.03.2022- Thursday)			
9.00 am – 10.00 am	Dr. LPA Karunathilaka, Unit of Shalya Shalakya, IIM	<i>“Universal service of the ideal medical professional”</i>	Dr. L A W J Chaturika (Prob.Lecturer)
10.00 am – 11.00 am	Dr. S A D Siriwardena, Unit of Prasuthithantra Kaumarabhrithya, IIM	<i>“Applied aspect of Ayurveda gynecology for a successful Ayurveda/Unani medical professional”</i>	Dr. N J Hewage (Demonstrator)
1.30 pm- 2.30 pm	Ms. Vindyani Hettigoda, Director, Hettigoda group, Hettigoda Industries (PVT) Ltd.	<i>“Carrier opportunities in Ayurveda/ Unani”</i>	Dr. M D P Ishara (Pro Lecturer)
2.30 pm – 3.30 pm	Dr. S D Hapuarachchi, Unit of Dravyaguna Vignana, IIM	<i>“New Trends of Indigenous Medicine”</i>	Dr. (Ms) K Kirushanthy (Demonstrator)
DAY-4 (25.03.2022- Friday)			
9.00 am – 10.00 am	Vidya Jothi Emeritus Prof. Rohan W Jayasekara, Former Dean, Faculty of Medicine University of Colombo	<i>“THE FIRST YEAR STUDENT “From now to graduation”</i>	Dr. J I D Diddeniya (Prob. Lecturer)
10.00 am- 11.00 am	Dr. Ranjith Gamage, Consultant , Link Natural Products (PVT) Ltd	<i>Sharing of experience in the mass scale drug manufacturing</i>	Dr. I S Ranasinghe (Demonstrator)
1.30 pm- 2.30 pm	Prof. Sayakkara Jayawardena, Unit of Basic Principles, IIM 0714318729	<i>“ Holistic approach of Ayurveda Medicine”</i>	Dr. R M D A Amarasiri (Prob. Lecturer)
2.45 pm – 3.45 pm	Emeritus Prof. H A S Ariyawansa, IIM	<i>“Traditional medicinal aspect as an Ayurveda Physician”</i>	Dr. (Ms) M M M Mufardeen (Demonstrator)
DAY 5 (28.03.2022-Monday)			
9.00 am – 10.00 am	Prof. P K Perera Unit of Dravyaguna Vignana, IIM	<i>“Empowerment of Indigenous medicine through Research”</i>	Dr. Udeni Rathnayake (Senior Lec. Gr II)
10.00 am – 11.00 am	Dr. I G P R Kulanatha Unit of Basic Principles, IIM	<i>“Personality and leadership Development”</i>	Dr. U P Hettigoda (Demonstrator)
1.30pm- 2.30pm	Mrs. F R I Salih, Prevention Education & training Division, Dangerous Drug Authority	<i>“Awariness on the drug abusment and prevention”</i>	Dr. AS F Shifra (Prob. Lecturer)
			Dr. (Ms) M H F Risla

			(Demonstrator)
2.30 pm – 3.30 pm	Prof. M U Z N Farzana, Department of Study of Unani, IIM	<i>“Preventive measures for healthy life as a BAMS/BUMS undergraduate”</i>	
Day 6 (29.03.2022)- Tuesday			
9.00 am – 10.00 am	Prof. Priyani Peris, Gampaha Wickramarachchi University of Indigenous Medicine	<i>How to cope with the COVID 19-“Living in the present moment”</i>	Dr. S P A S Nishan (Prob. Lecturer) Dr. P L T C Liyanage (Demonstrator)
10.00 am – 11.00 am	Dr. K P K R Karunagoda, Unit of Prasuthithantra Kaumarabhrithya, IIM	<i>“Reproductive and sexual Health”</i>	
1.30 pm- 2.30pm	Dr. Palitha Serasinghe Principal Lecturer, College of Ayurveda (UK), President, College of Ayurveda (Japan)	<i>“Ayurveda Medical Education focused on salutogenesis”</i>	Dr. K N A Dharmasena (Prob. Lecturer) Dr. (Ms) U L Naleefa (Demonstrator)
2.30 pm – 3.30 pm	Mrs. R.W.I.Madhuwanthi, Sports Instructor, IIM	Video on <i>“Introduction program on Physical Education”</i> Physical education unit,	
Day 7 (30.03.2022- Wednesday)			
9.00am- 10.00am	Dr. Prabha Manurathne, Senior Lecturer, Dept of English, University of Kelaniya	<i>“Gender equity & equality”</i>	Dr. P A N G Perera (Prob. Lecturer) Dr. D M S P Diwakara (Demonstrator)
*10.00am- 11.00am	Dr. Shanthi P Kumburegoda, National Ayurveda Teaching Hospital, Borella	<i>“Introduction on Ayurveda Teaching Hospital”</i>	
1.30pm- 2.30pm	Dr. Sujeewa Vithanage, Sethsuwa Ayurveda Hospitals (PVT) Ltd.	<i>“Paths to develop as an Entrepreneur”</i>	Dr. B S M M Sooriarachchi (Prob. Lecturer) Dr. M F F Fasmila (Demonstrator)
Day 8 (31.03.2022 Thursday)			
9.00 am – 10.00 am	Hakim Mohsin Dehlvi, Chairman, Dehlvi Naturals	<i>Sharing of experience as an expertise in Unani</i>	<u>Ayurveda Section</u> Dr. U R S K Senarathna (Senior Lecturer Gr II) Dr. H B D Kaushalya (Demonstrator) <u>Unani Section</u> Dr. (Ms) A S F Shifra (Prob. Lecturer)
*10.00am- 11.00am	Unit Heads	<i>“Basic introduction on Unit of Basic principles/ Kulliyat, Allied Sciences, Dravyaguna Vignana/Ilmul Advia, Kaya Chikithsa/ Moalejat”</i>	

			Dr. (Ms)M R F Rifna (Demonstrator)
*1.30pm- 2.30pm	Unit Heads	“Basic introduction on Prasuthi Thanthra Kaumarabhrithya/ Amraz e Niswan, Qabalat Wa Atfal, Shalya Shalakyaa/ IImul Jarahat, Swasthavritta/ Tahaffuzi Va Samaji Tibb Deshiya Chikithsa/ Deshiyallaj”	Ayurveda Section Dr. H L N R Pradeep (Prob. Lecturer) Dr. R A D P Perera (Demonstrator) Unani Section Dr. A R F Rifshiya (Prob. Lecturer) Dr. M I F Nafla (Demonstrator)
*Two parallel sessions will be conducted for Ayurveda and Unani students			
**2.30 pm – 3.30 pm	Warden (Boys Hostel) Prof. S M S Samarakoon, Senior Lecturer Gr 1 Unit of Kayachikithsa, IIM Sub-warden: Mr. W K Senevirathna Warden (Girls Hostel) Dr. AG Samarawickrama Senior Lecturer Gr 1 Unit of Kayachikithsa, IIM, Sub-warden:Ms: D M C K Dissanayake	“Rules and regulations pertaining to male and female hostels”	
** Two parallel sessions will be conducted for boys and girls			
***3.30pm- 4.30pm	Dr. A M Muthalib Senior lecturer Gr II, IIM	“Rules and regulations pertaining to male and female hostels”	Dr. F N Jamaldeen (Prob. Lecturer) Dr. M A F Najla (Demonstrator)
*** only for unani students			
Day 9 (01 .04.2022- Friday)			
09.00-10.00	Dr. Harsha Dharma Wijaya, The Director, HARSH A Ayurveda.	<i>Traditional medicine aspects</i>	Dr. P A S N Silva (Prob. Lecturer) Dr S M Palathirathna (Demonstrator)
10.00 am- 11.00am	Dr. B K D S Fernando, Medical Officer, Sethma Ayurveda Suwa Arana,Kesbewa	“Yoga for better health”	
1.30pm- 2.30pm	Mr. Tharindu Dhananjaya Weerasinghe, Senior Lecturer,Department of Human Resource Management, Kelaniya	“To be Special, Join the Specialists: Path to Sucess”	Dr. K D Manori (Prob.Lecturer) Dr. A S Banu
2.30- 3.30pm	Ms. P M Ayomi Senior Assistant Librarian, IIM	“Library services and prevailing rules & regulation”	

Day 10 (04.04.2022- Monday)

9.00 am-10.00am	Dr. Pushpika Aththanayaka,expert, Capacity Development of Wellness Tourism Industry.IBF International Consulting, Belgium	<i>Wellness tourism through Ayurveda</i>	Dr. L A W J Chaturika (Prob. Lecturer) Dr. J M D R C Jayamaha
10.00am-11.00am	Dr. R H S K de Silva, Senior Lecturer Gr I Unit of Kaya Chikithsa, IIM	<i>“Management of academic life and the social life as a BAMS/BUMS student”</i>	
*1.30pm-2.30 pm	Student counsellors	<i>Program on student counselling</i>	<u>Ayurveda Section</u> Dr. M D P Ishara (Prob. Lecturer) Dr. R D D T Ariyarahtna (Demonstrator) Dr. R G J T Ranasingha (Demonstrator)
*2.30pm-4.00pm		<i>Students activity. (Singing, instrument playing talks, dancing)- Through Video</i>	<u>Unani Section</u> Dr. M M M Nifras (Prob. Lecturer) Dr. M J H P Sabra (Demonstrator) Dr. R M C D Rathnayake (Demonstrator)

*Two parallel sessions will be conducted for Ayurveda and Unani students