

# **HEALTH GUIDELINES ON RESPONSE FOR COVID-19 OUTBREAK FOR WORK SETTING IN IIM**

Following measures are to be adopted by all the students and staff members of Institute of Indigenous Medicine, University of Colombo.

- Anyone entering the IIM premises (students and staff members) should wash their hands with soap and water before entering the premises or alternatively use the hand sanitizer.
- Check the temperature of all persons at the entrance to the university and any person recording a temperature above 98.4 °F or 37 °C should not be allowed inside.
- All students, staff members and visitors should wear face masks inside the university. Everybody has to wear a mask unless staying alone in a separate room (they should be allowed to go outdoor and remove mask time to time)
- All students and staff should be made aware of correct methods of using and discarding face masks.
- Maintain **1 meter** distance between students as well as academic and non-academic staff members inside the IIM premises at all times in all settings. Each staff member should sit with maximum distance from each other.
- Avoid any teaching/learning/ group activity requiring close proximity.
- Avoid sharing belongings such as books, stationery items, laboratory equipment, by students as well as staff.
- Maintain regular housekeeping practices. Disinfect all the surfaces of tables/chairs after use.
- Avoid using office land phone as much as possible the mouth piece has to be cleaned with sanitizer before and after using.
- Avoid A/C as much as possible and keep windows open and curtains drawn