

## List of project proposals – Level IV (2011/2012)

Title of the Project Proposal
Review on the Prescriptions Mentioned in “Kanda Vaidya Grantha” for Vishama Jvara
Literary Study of Collection of the Formulae Mentioned in “Kanda Vaidya Grantha” for Muthra Asmari
Literary Study of Collection of the Formulae Mentioned in “Kanda Vaidya Grantha” for Walippu
Review on “Medhya Rasayana Chathushkaya”
Obesity – An Ayurvedic Approach
Review of Traditional Medicinal Gruels
An Ethno Medical Survey on Traditional Medicines and Methods using for the Treatment of Pinas Roga
A Comparative Study of Phisio-Chemical Parameters of “Arjuna Ksheera Paaka” and It’s Powered form
Evaluation the Efficacy of Shirsha Abhyanga on Ardhavabheda- A Case Study
Preliminary Study of Shara Vidhi
Preliminary Study on Mantraushadha
Review on Pakshagata Chikitsa
Literary Study on Formulae for the “Prana Vaha Srotas” Mentioned in “Kanda Vaidya Grantha”
Literary Study of Collection and Analysis of the Formulae Mentioned in “Kanda Vaidya Grantha” in related with Mutra Vaha Srotas Disorders with Special reference of Urinary Tract Diseases

Title of the Project Proposal
Literary Study of Collection and Analysis of the Formulae Mentioned in “Kanda Vaidya Grantha” for Disease in Hepato Biliary System
Further Study on Recipes of Mental and Behavioural Disorders in Kanda Vaidya Grantha
Survey on Recipes of Muthravaha Srotasa Ashritha Roga
Survey on Recipes of Amla Pitta in Khanda Vaidya Grantha
Literature Study on Traditional Formulae for Pakshaghata in Vatika Prakarana
A Review on Selected Herbo-Mineral Formulae Used in Virechana Karma Depicted in “Kanda Vaidya Grantha” of Sri Lankan Traditional Medicine
Literary Review and Pharmacodynamics Properties of Ten Dicoctions used for Kampavata
Comparative Study of Pramana Shareera Mentioned in Caraka Samhita with the Measurements of Level IV BAMS Students

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Title of the project proposal	Sup
Literary Study of Saddharana Yoga on Hypertension	Dr.
Study the effects of Varnya Dashakaya on complexion of the skin.	Dr.
Study the anti-cancer properties of “Le Pana Duliya”	Dr.
Literature Study on recipes of Kalitya and palitya in IIM manuscripts collection.	Dr.
Study of <i>Monochoria Vaginalis</i> with reference to its identification, distribution, medicinal value and conservation methods	Dr.
Review of Rasayana Tantra based on Panchasath Maha Kashaya	Dr.
Study of <i>Indigofera tinctoria</i> with reference to morphology, distribution and therapeutic values	Dr.
Preparation and analysis of tooth powder for oral disorders	Dr.

Title of the Project Proposal
Preparation and analysis of Prabakaravati for heart diseases
A literature review on Rasa Pathyapathya
Establish the standards of Roma nashana Karaweeradi Thailaya
Analyzing the effectiveness of Ardhavabhedkahara Lepa according to the pharmacodynamic properties of the ingredients
A retrospective study on clinical and demographic characteristics of patients with Ama Vata who attend to National Ayurveda Teaching Hospital, Sri Lanka
A retrospective study on clinical and demographic characteristics of patients with Sandhigata Vata who attend to National Ayurveda Teaching Hospital, Sri Lanka
A retrospective study on clinical and demographic characteristics of patients with Vata Khantaka who attend to National Ayurveda Teaching Hospital, Sri Lanka

Title of the project proposal
A Survey of relationship between sleep and the intelligence quotient
Treatment related to Arthritis According to Ayurvedic Texts.
Nutritional Status of Female School Children in Rural Area.
Treatment for Eye Disease According to Text of Thalpathe Piliyam
Literature Survey on Cannabis Containing Drug preparation in Talpathe Piliyam
Literature Survey on Opium Containing Drug preparation in Vatika Prakaranaya.
Study on Eranda Containing Drug preparation in Ayurveda Pharmacopeia.
Literature Survey on Chithraka Containing Drug preparation in Vatika Prakaranya.

Title of the project proposal	
Literary Study of Rasna Sapthaka in the management of Ama Vatha	
Traditional Medicine external application mentioned in series of “Thalpathe Piliyam” Books in the management of Inraluptha in Sri Lanka	
Comparative study of Pharmacodynamic properties of Kushtagna gana and Kandughna Gana	
A Literature study of Dashngalepa	
A Literature survey on Abin (Opium) containing Drugs in Sri Lankan Traditional Medicine	
A Study of the usage of home remedies in Sri Lankan community for Ajirna (Indigestion)	
Medicinal Plants and treatment methods mentioned in Ayurveda texts for the treatment of Arbuda and its practical usage in Sri Lanka	
Comparative study of Anatomy of Eye According to Ayurveda and Western Knowledge.	
Comparative study of Arsha according to Ayurveda and Modern view.	
Analytical study of Vaikalyakara Marma according to Ayurveda and Modern view.	
Comparative study of Anatomy of Guda according to Ayurveda and western knowledge.	



Title of the project proposal	S
A Literature survey of colour and music therapy in ayurvedic compendium with special reference on Vruddhatrayi	D
Literature survey on recipes for hair growth and Hair Disorders in Khanda vaidya grantha	D
Study the rasadi pancha padartha of selected drugs which included in the recipies mentioned in Khanda Vaidya grantha for Pakshaghata	D
literature study of Nila treatments mentioned in Khanda vaidya grantha	D
A Literature review of prescriptions for PRAMEHA found in selected hand written Manuscripts of traditional Medicine	D
Survey on recipies of obesity (sthaulya/medoroga) in Khanda vaidya grantha	D
A Comparative clinical study of diet and remedies of diabetic patients in Katupotha distric hospital and Katupotha ayurvedic hospital	D
A textual study of prescription sited under the term of "Pilika" in the series of "Talpate piliyam"	D
Clinical study of the effect of traditional use herbal extract of veralu leaves for dandruff	D
Vasthi karma used in Ayurveda teaching hospital in Borella	D
Preparation of snake stone & analysis its chemical effect	D
Literature study of the formulae mentioned in "Khandya vaidya grantha" for "Shiro roga and Shirah kapala roga"	D
A Study on Vidum pilissum in indigenous medicine with special reference to Khanda Vaidya grantha	D

Title of the project proposal	S
Survey on Medicinal Plants in the premises of Institute of Indigenous Medicine	S
A Systemic Review on Ayurvedic Treatment for cervical spondylosis	S
Study the usage pattern of Mobile phones among undergraduates in the Institute of Indigenous Medicine	S
Literature Survey on oral hygiene in Ayurveda system of Medicine	S
A study of the recipes for vata roga mentioned in vatika prakaranaya	S
Literary review on contraceptive Properties of Ayurvedic Drugs according to Yogarathnakara & Bhavaprakasha	S
Literary Review on collecting formulae for "Yauvanapidaka" from Khanda Vidya Gratha	S
Literary review of Amlapitta Chikitsa according to Kashyapa Samhitha, Madawa Nidana and Khanda Vidya Grantha	S
A Literary review of herbs to improve lactation	S
Literature study on Ayurveda external Medical applications for the Acanthosis Nigricans	S
Literature study on Ayurveda external Medical applications for Garbhakikkisa	S
Ayurveda approach on Dysmenorrhea: A Literature study	S
Literary Survey on collection of the formulae from Khandha vidya grantha for Mandam Roga of the children	S
Literary Survey on collection of the formulae from Khandha vidya grantha for respiratory diseases	S
Study the Ayurveda and Traditional Medicines for Autistic Disorders	S

Title of the Project Proposal	
Study the Pharmacodynamic Properties of selected formular drugs mentioned in "Thalpathe Piliyam" for Krimi Chikithsa	
Study of Rasadi Pancha Padartha of selected formulae mentioned in "Thalpathe Piliyam" for Vandyathva	
Study of formulae mentioned in "Thalpathe Piliyam" for Kalithya	

Title of the project proposal	
A comparative literature review on treatment of Swasa in Ayurveda and Traditional Medicine	
A comparative literature review on treatment of Pinasa in Ayurveda and Traditional Medicine	
A comparative literary on treatment of "Muthra Ashmari" (Urinary Calculi) in Ayurveda and Traditional Medicine	
A literature review of Traditional Medical prescriptions for various kinds of Dental Diseases	
Survey of selected formulae from vruhathraya for vata vaha sroto dusti with special reference to pakshagatha	
Survey on common Ayurvedic treatment regime on pakshagatha at Ayurveda teaching hospital, Borella – A case study	
Survey on treatment regime of selected fracture of the radius patients in orthopaedic clinic of teaching hospital, Borella	



## List of project proposals – Level IV (2012/2013)

Title of the Project Proposal
Review of Sharibadi Kwatha – An Ayurvedic Formula
Chronic Kidney Disease (CKD) and its Ayurvedic Approach
Preliminary study on ‘Madhu’ varieties and their chikitsiya upayogita (Therapeutic application)
Preliminary study on Medhya aushadha
Survey on the types of Sanni Kola and Valippu in Vatika prakaranaya and Thalpathe pilium
A Comparative Basic Physiochemical study on Tripalgugul decoction and Neem gum containing Triphala decoction
Review of Thorawathure Thailaya, A traditional formulae used in chronic Kidney Diseases (CKD)
Survey on special recommended formulas of mental and behavioural disorders in Khanda Vaidya Granthas
Literature study on treatments of Mutra Kruchra mentioned in Khanda Vaidya Grantha
Literary study of treatment methods and their pharmacodynamic properties for ‘Rat poisoning’ in Ayurveda and Sri Lankan traditional Medicine
Comperative literary study of Grahani roga Cikitsa mentioned in Caraka Samhita and Khanda Vaidya Grantha
A textual study of prescriptions cited under the term of ‘Atisara’ in the series of ‘Khanda Vaidya Grantha’
Association between nutritional status and food habits with the malnutrition of IIM students
Literary survey about the beliefs, attitude and knowledge towards Ayurveda medicine among advanced level bio stream students
Study on Market samples of Bhashkara Lavana Churna on Amla Pitta

Survey on Formulas for sleep disorders in Khanda Vaidya Grantha
A preliminary study on culinary and therapeutic uses of 'Pala' in Sri Lanka w.s.r. potherbs or greens
Basic analysis of physiochemical composition of the herbal oil prepared by using Panam pethi
Drugs dispensed in out-patient department Borella Ayurveda Teaching Hospital
Preparation methods and uses of Kshara sutra in Ayurveda
Paththu and mallum along with their practical application in Asthisandhi roga
Survey on special recommended formulas for gynaecological diseases in Khanda Vaidya Grantha
Product development and compare with its natural form of solution mentioned in Thalpathe pillium for Hair growth
Literary study of collection of formulae mentioned in 'Khanda Vaidya Grantha' for 'Sandhigatha vata'
A textual study of prescriptions available on 'Sannipata jwara cikitsa' mentioned in 'Khanda Vaidya Grantha'
Basic analysis of acid neutralizing capacity and phytochemical composition of gel form rotary evaporated powder of Kahipiththam leaves' juice.
Review on Management of Stabhata w.s.r. to Vata Roga
Management of Bhagna (fracture) in Maragamma Gedara Veda Parapura-Observational Study
Management of Kampavata w.s.r. Parkinsonis Disease – Observational Study
Product Develop and Analyze Basic Physiochemical Parameters of Herbal Tea Bag
An Ayurvedic approach on the management of Dengue Hemorrhagic Fever- A survey

Title of the project proposal
Standardization of selected ingredients of Gopaluguliya with special reference to <i>Allium sativum</i> , <i>Trachyspermum ammi</i> , <i>Saussurea leppa</i> , <i>Holarrhena antidysenterica</i> ,
Standardization of selected ingredients of Gopaluguliya with special reference to <i>Terminalia chebula</i> , <i>Terminalia bellirica</i> , <i>Phyllanthus emblica</i> , <i>Acorus calamus</i> .
Standardization of selected ingredients of Gopaluguliya with special reference to <i>Piper nigrum</i> , <i>Myristica fragrans</i> , <i>Zylocarpus rumphii</i> .
Standardization of selected ingredients of Gopaluguliya with special reference to <i>Zingiber officinale</i> , <i>Piper longum</i> , <i>Eugenia aryophyllus</i> , <i>Embelia ribes</i> .
Standardization of selected ingredients of Gopaluguliya with special reference to <i>Brassica juncea</i> , <i>Cuminum cyminum</i> , <i>Nigella sativa</i> , <i>Aconitum heterophyllum</i>
A study of recipes for “Switra” in <i>Thalapathipiliyam</i> ”
Study of the preparation of “Jatipala” mentioned in “ <i>Thalapathipiliyam</i> ”
Preparation and analysis of “Japapushpa” hair oil for <i>Palithya</i> and <i>Kalithya</i>
Preparation and analysis of Prabakaravati for heart diseases
Quality control, standardization and evaluation of possible antioxidant activity of Nisha Thripal decoction.
Ethnomedicinal survey of medicinal plants used in the management of Sandhigata Vata by traditional medical practitioners in Akuressa area in Matara District
Systematic review on different dosage forms and indications of “Triphala”
Preparation and evaluation of a novel dosage form for Kasa

Title of the project proposal	S
A review on Madhura Rasa in DRavyaguna Vingnana based on Madhuraskandhaya	D
Study of Madhura Thriphala with special reference to its Action and Therapeutic values	D
Evaluation and Development of selected herbal plants as a bathing bag for infant's skin disorders	D
Preparation and pharmacodynamic evaluation of a novel Rasayana capsule	D
Pharmacodynamic evaluation and development of VarnyaDashakaya as an oil	D
Effect of Chandra Kalka with Mahadalu Anupana on blood clots and development of Mahadalu Anupana into a syrup form	D
Study on Drug formulae for "Kasa Roga" mentioned in Sri lankan Ayurveda Pharmacopoeia.	D
Literature study on "Sthana Vyadhi" in Ayurveda	D



Title of the project proposal	S
Treatment methods for Pandu Roga mentioned in the text of Thalpathe Piliyam	D
A Comparative study of nutritional status in school children	D
Treatment methods for Tamaka Shwasa (Bronchial Asthma mentioned in Ayurvedic texts	D
Study on etiological factors of Kustha	D
Evaluation of Intellectual Quotient of a person according to the Deha Prakriti	D K
A Survey on the relationship between Leucoderma and Dushi visha	D K
Study on the treatments for Polon Thelis bite mentioned in texts of "Thalpathe Piliyam"	D K
A Literary Review on Vajikarana drugs mentioned in Bhaisajya Rathnavali	D K
A Literary Review on commonly used ingredients for Rasayana formulations with a special reference to the Caraka Samhitha	D K
Study the clinical perspective of snake poisoning (sarpa visha) as per Ayurveda and Traditional Medicinal system	D
Survey on formulae for "Shvithra" in Talpate Piliyam and Traditional Medical system	D
Study on Ayurveda and Traditional Medical approach of utilization of ghee	D
Relationship between dietary habits and constipation among grade II students in Walisinghe Harischandra Maha Vidyalaya at Anuradhapura	D
Study of "Nidra" Sleep according to Ayurvedic and Modern views	D

Title of the project proposal
Determination of Antioxidant properties of Triphala in Different Concentrations
Analysis of Pharmacodynamic properties of Medicinal Plants used for Cancer (Pilika) treatment in Sri Lankan Indigenous Medicine.
Study on common Rasayana Herbs: A review based on AbhayamalakiRasayanaPaada
Nilu and its Application based on Sri Lankan Indigenous Medicine
Comparative Literary Study on SantharpanajanithaVyadhi and Non-Communicable Diseases
Different Formulae, Preparation Methods and applications of 'Thelkiri':A Comprehensive Review
A Literary Survey on Pharmacodynamic Properties of commonly used Herbs for the treatment in Mukharoga.
An Ethno Medicinal Survey on Ayurvedic and Traditional Formulae for Raktapradara.

Title of the project proposal	S
Comparative study of treatments and management of Bhagandara (Fistula in ano) according to Ayurveda and Allopathic medicine: A review	D
The study of the disease Arsha with its relationship of Guda according to Ayurveda	D
Analytical study of various chikitsasutras mentioned in vrushatraya in Ayurveda for disease Arshas.	D
Study of anatomical and physiological consideration of urinary system according to Ayurveda and Western	D
Comparative study of Twak(Skin) according to Ayurveda	D

and Western medicine	
Literary study on collection of formulae for Galaganda	D
Pratisya drug in Sri Lanka Ayurveda Pharmacopeia and inter-relationship between drug and its pharmacodynamics properties	D
Literature survey on collection of formulae from khandavaidya grantha for thamakaswasa roga.	D
Literature review on medicinal formulations of nuwan pilika in thalpathe piliyam.	D
Serum Creatinine and its relation to blood pressure in chronic kidney disease of uncertain etiology patients attending to the Ayurveda community health centre Kebithigollewa.	D
A literature study of Pathyadi Kwatha mentioned in Sharangadhara Samhita	D
Literary study of the external applications used in Uvana Pidaka.	D
A study on external treatment modalities for Vatha Kantaka.	D
A literature study of Lakshadi Lepa	D
Literary study of ten external applications (Pattu and Lepa) used for Sira Granthi among the selected Ayurvedic and traditional practitioners in Sri Lanka	D
A study of ten Rasayanadrugs mentioned in Caraka Samhita	D
A study of Alepa mentioned in Talpathe Piliyam in the management of Arsha	D
A study of Prakshalana Dravya mentioned in Caraka Samhita and Susruta Samhita in the management of Vrana	D
A study of decoctions mentioned in Talpathe Piliyam in the management of Raka Pitta	D
Overview of si lankan traditional treatment modalities used in the management of iruwaradaya	D
A literary study of puravaliyam (external medicinal application around the eye) in the management of timira	D



(ametropia)	
In vitro comparison of anti diabetic activity of two varieties of <i>Costus speciosus</i> (thebu) in Sri Lanka	Dr BM
Study of relationship between diet, lifestyle & constipation	Dr BM
A Comparative study on shalaka yantra with modern surgical instruments	Dr BM
Review on Herbo-Mineral Compounds affect blood coagulability	Dr BM

Title of the project proposal	S
A literature review on ardita based on Vrhatraya and Laghutraya	D
A comprehensive study of Unmada nidana with Cakrapani tika and its application with special reference to Schizophrenia	D
	D
Study the pharmacodynamic properties of selected ten treatment remedies mentioned in “Thalpatha piliyam” for “Visa chikitsa”	D
Survey study on etiological factors of oral diseases among the IIM students by special reference to Madhawa nidana and Bavaprakasa.	D
Arishta lakshana of maha roga with special reference to Vruhatrai	D
Pharmacological aspects of anupana of jawara cikitsa in Ayurveda and traditional systems of medicine in Sri Lanka.	D
Title of the project proposal	S
Preparation and the chemical analysis of Irimedadi thaila & Irimedadi toothpaste.	D
An analysis of the relationship between chronic stress and the Madhumeha (Diabetes Mellitus)	D
An analysis of the treatment of ama in selected khanda vaidyagrantha of traditional medicine.	D
An analytical study of pharmacodynamic properties of praja	D

sthapana daska in caraka samhita.
An evaluation of work place stress among executives and the study the strategies for mental health promotion in Ayurveda.
A literature review on pharmacodynarnic properties of sandhaniya (bhagna sanyojaka) dashakaya.
A literature review on phakka chikitsa(Marasmus) mentioned in Kashyapa samhitha.
Clinical use of anupana in Sri lanka indigenous medicine a review of Vatika prakarana .
Comparative study of krimi and their classification in vrihathrayee with modern medical literature.
Ethno medicinal plants and splints used for the orthopaedic treatments by traditional medicinal practitioners(in Galle district; Southern province)
A literature review of “ahara viharana” used in “swasta raksanya” according to the ayurvedic
Morphological & Morphometric study of fifty plants used for cobra type snake bites in Sri Lanka traditional medical system
Application of KAALA DRAVYA in Ayurvedic and Traditional Medicine
Literary study of music therapy according to ayurvedha and its mechanism in body
Literary survey on collection of formulae for Arshas mentioned in Khanda Vaidya Grantha
A Literature review of drug materials found in Khanda Vaidya Grantha used for Indraluptha with their actions and properties.
A Literary servey on Drugs and properties of Drugs in the Sri Lankan market for obesity management.



Title of the project proposal
Literature Study on Garbasthan Drugs Mentioned in "Vruhatraya"
Literature Study of Formulas Mentioned in "Thalpathe Piliyam" for Vandayathva
Literature Study of Formulations for Pradara Roga which are mentioned in Vruhatraya & Thalpathe Piliyam
Literature Review on Medicinal Formulations of "Prameha" described in Thalpathe Piliyam
The Study on Punsavana Karma Mentioned in Ayurveda Authentic Texts
Literature Survey on Traditional Medicine Formulae for Raktha Pradara
Study on Drug Formulae for Kasa Roga Mentioned in Ayurveda Pharmacopoeia
Literature Study on Stana Vyadhi in Ayurveda
Study on Formulae Mentioned in Thalpathe Piliyam for Mukha Roga
Literature Survey on Collection of Drug Formulae for Speech Enhancements of Children's from Khanda Vaidya Grantha
Literature Survey on Collection of Drug Formulae for Balaka Apasmara from Khanda Vaidya Grantha
Study on Collection of Muscle Strengthening Formulae of Children from selected Khanda Vaidya Grantha
Study Immunity Enhancing Formulae for Children from Khanda Vaidya Grantha
Literature Study on Panchakarma Procedures in Paediatrics Mentioned in Ayurvedic Authentic Text
Study the Drug Formula for selected Skin Disorders in Children Mentioned in Thalpathe Piliyam

Title of the Project Proposal	
Leterature Review on Aushadha Mathra (Drug Dosages) which are used in Paediatrics	
Study the Pharmacodynamic Properties of selected Formulae drugs in Thalpathe Pilliyam for Mandam in Children.	
Literary Study of Collection and Analysis o Formulae Mentioned in Vruhathraya and Laghutraya for Enhance the Memory	
Use of Different Types of Cereals and Pulses in Ayurveda: Based on Charaka Samhitha	
Literature Review on Madatyaya Chikitsa Mentioned in Bruhathtraya & Iaghutraya	
A Study on Balaka Raksha Karma among Sri Lankan People	
A Study on Nutritional Status of Girls aged 6-7 years WSR to BMI	

Title of the project proposal	S
A Literary study of Dadima preparations mention in Vruhathraya	D
A comparative literature review on treatment of Pinasa in Ayurveda and Traditional Medicine	D
A survey on treatment modality for Amavata sandhi shotha (Rhematoid arthritis) in Ayurveda teaching hospital Borella – A case study	D
A literary survey of the prescription mentioned in selected Ayurvedic texts for Amlapitta	I
Pharmaceutical Analysis of selected market samples of Rata Kalka	I
A survey on the factors that affect on the academic performances of the University students with special reference to Level IV BAMS and BUMS students in the	I

Institute of Indigenous Medicine.
Exploratory study on the Sri Lankan curry powder mixture.
A Survey on AthBeheth (Home remedies) for the management of Sadyo Vrana (acute wounds) practiced among Sri Lankan population
Identify the causes and consequences of suicidal behaviors among Sri – lankan Teenagers.
Influence of Diet Patterns on Kushta Roga

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## List of Research project proposals – Level IV (2013/2014)

# Level IV (2013/2014)

Standardization and Development of New Dosage Form of "Kirathatiktadi Decoction"	Standardization and Preparation of New Dosage Form of "Srimath Jayathilaka Rasa"	Standardization and Preparation of New Dosage Form of "Madapatha Guliya"	Preparation and analysis of a Herbal Ointment for Acne	Preparation and Analysis of a Novel Capsule for Burning Sensation	Preparation and Comparative Analysis of Rasna Sapthaka Decoction according to Ayurveda and Traditional Methods	Standardization and in-vitro anti-urolithic (ashmari bhedhana) activity of Aruna thwak decoction	Comparative study on two mature stages of stem bark cinamomum ceylanicum with special reference to phytochemicals and therapeutic values	Comparative study on leaves and seeds of cinamomum ceylanicum with special reference to phytochemicals and therapeutic values	Novel product and process development of ayurveda medicine: avipaktikara churna	Novel product and process development of sri lankan traditional medicine: markaradi kalka	Novel product and process development of sri lankan traditional medicine: kavathna kalaka	Preparation and evaluation of herbal face mask	Evaluation of medicinal value and standardization of herbal hand sanitizer	Preparation of ksheera bala kashaya and modified it into a cream	Literary study on the formulation for charma roga with special reference to Chakrpalthe piliyam book series
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Title of the project proposal
Impact of Behavioural pattern on Menstrual cycle of young females
Difference of Nutritional status between vegetarians & non vegetarians
Effectiveness of Yoga for Hypertension
Case study on the effects of Traditional Ghritha on the Intellectual Power of children with Down's Syndrome
Study the relationship between Female Infertility and Non Communicable Diseases
Survey on relationship between Hypertension and Body Mass Index (BMI)
Survey on relationship between Deha prakrti and Madumeha among the patients seeking treatments in Ayurveda Teaching Hospital, Borella
Study on Alcohol Related Diseases among the patients attending Ayurveda Teaching Hospital
A Study of Application of Yoga In Stress Relieving
Comparative nutritional evaluation on Hathawariya
A Review of Keeta Visha according to Ayurveda and develop a cream to Shatapadidansha(Centipede bite)
Preparation and analysis of the Aniththayadi Cream for Psoriasis
Study on Ayurveda medical approach of Avagahana and Snana
Study on Skin complexion improving formulae mentioned in Ayurveda and Traditional Medicine

Title of the Project Proposal	
Literary Study of Ayurvedic and Allopathic Approach to Management of 'Sthaulya'	
Analysis of Pharmacodynamic Properties of Medicinal plants used for Kitibha (Psoriasis)	
Analysis of Prakriti and its Correlation with Health	
Analysis of Pharmacodynamic Properties of Medicinal Plants in Formulas Mention in Ayurveda Texts for Treatment of Prameha	
Protection and Preservation of Intellectual Property of Sri Lankan Traditional Medicine: Walgama and Cooray Pedigree	
Protection and Preservation of Intellectual Property of Sri Lankan Traditional Medicine: Dodamgoda Jayasinghe and Yatiyana Pedigree	
Protection and Preservation of Intellectual Property of Sri Lankan Traditional Medicine: Wehalla and Doonagaha Jayasekara Pedigree	
Standardization of Nagaraja Guliya; Tradional Formula Used in Poisons of Animal Origin(Jangama Visha)	
Prevalence of Risk Factor on Hypertension in middle age Patients in Ayurveda Hospital Setting	
Critical Analysis of The Images of Kitiba Disease with Special Reference to Psoriasis	
To study the effect of Jalaukavacharana (Leech Therapy) and Siravedhana (Venipuncture) in the management of Siragranthi: An Observational Study	
Standardization of Herbal Face Pack on Hyperpigmented marks	
Basic Organoleptic and Phytochemical on Mahadalu Anupana.	

	A Basic Analytical study of Romashatana Churna for Contain Arsanic.	
	Survey on Traditional recpes for "Aluhan" & Standardization of "Aluhan Thaila"	
	Preparation of Medicated powder for Skin Diseases	
	Observational Study on the Efficacy of Lekhaniya Churna for Medovruddhi	
	Effect of "Pakshagatha Vayu Sunya Thailaya" in the Management of Pakshagatha (Hemiplegia) – Observational Case Study	
	Effect of Sri Lankan Traditional Medicinal Oil in the Management of Diabetic Ulcers – Observational Case Study	
	An Observational Case Study of the Effect of Gopalu Guliya with Special Anupana in the Management of Amlapitta	
	Effect of Dhumapana and Oral Administration of Kashya using Masbedda [Gymnema sylvestre(Retz.) in Kaphaja Kasa- Aobservational study	
	Effect Anulomana using Hibiscus sabdariffa and Syngonium angustatum in Raktarshas (Bleeding Haemorrhoids)- A observational study	
	Study on effect of Raktamokshna, Ratu Pokuru Vada Mal Kashaya and Wilandawennadi Lepa in Vicharachika(Eczema)- A observational study	
	Study on the efficacy of Gugguladi Thaila Janu Vasti and selected treatment regimen in Sandhigata Vata - A observational study	
	Study on effect of REaktamokshana, Lee kola Pala and selected treatment regimen in Padadaha- A observational study	

Title of the project proposal
Survey on the use of home remedies ( <i>Ath Beheth</i> ) in sub-urban community in Sri Lanka
Traditions of Sri Lankan Indigenous Medicine; A Survey based on Kegalle District
Survey on use of modified Indian Ayurveda Drugs among Ayurveda Doctors in Sri Lanka
Analysis of Pharmacodynamic properties of " <i>Surya Gana</i> " and " <i>Chandra Gana</i> " used in Bhagna Chikitsa
An observational study on Different Ayurvedic Treatment Modalities of <i>Pakshaghatha</i> with Special referenc to Motor Disabilities
Survey study of the prevalence of Risk Factors of Non-Communicable diseases in North Western Province
Evaluation the Phisico-Chemical Parameters of <i>Pathyadi Choorna</i>

Title of the project proposal
Comparative study of surgical instruments of Ayurveda & Western medical system
Study of different treatment modalities mentioned in Ayurveda, Siddha, Unani and Modern medical systems for urinary calculi.
Study of Thapasweda related to there indication
Comparative study of Agnikarma mentioned in dirrerent Ayurvedic texts
A line of treatment in PCOS (Poly Cystic Ovary) Syndrome) in Ayurveda observational case series.
Literary study of Chirabivadi decoction in the management of Arshas.
The literary study of ten selected decoctions mentioned in Ayurveda classics for Shotha.
The literary study of fifteen selected external applications used in Ayurveda for VrunaShotha in Amaja state.
A study on awareness and attitudes about Guda roga (ano-rectal diseases) among Sri Lankan people



A survey on home remedies used for Pratishyaya (common cold) in Sri Lanka
A survey on home remedies used for Vranashotha in Sri Lanka
Literary survey on therapeutic foot applications in eye diseases used in Sri Lankan traditional Ophthalmology.
External medicinal formulae used in the management of Cataract – A review
Review on Surgical ethics in Ayurveda
Zoological identification of jalouka with special reference to jaloukavcharana

Title of the project proposal
Study of correlations between blood group & prakurti
Study of correlation between prakurti & BMI
Review on the use of different drug formulae on mutra roga according to Vruhatraya.
Pharmacodynamic analysis of medicines used by traditional practioners in Galle district for treatments of mukhapaaka
A study of the traditional kadum bidum treatment in Narangale weda paramparawa
A study of relationship between Mukhadūṣika and dehaprakṛiti
A literature study of the utility of basic principles in kāsa Chikitsā with Special Reference to Talpate Piliyam
A Comprehensive Study of different Preparation for Oral health promotion mentioned in 'Talpate Piliyam'
Kashaya and kwatha for athisara mentioned in traditional text
Santharpanajanya vyadhi and its dietary management
Physio chemical analysis on market samples of hinguvashataka churna
Applicability of internal preparation for polon visha( wiper venom) in dengue hemorrhagic fever



An analytical study of pandu roga drug compounds without lauha: special reference to vrihatraya
A critical Appraisal of Rakta Dhatu in different diseases conditions; with special reference to Madhava Nidanaya.
Analysis of physiochemical properties of two clay types that use in traditional medicine
Observation of the effects of margosa ( <i>Azadiracta indica</i> ) Cloves ( <i>Syzygium aromaticum</i> ) Camphor against the pests destroying library books.
Determination of physio chemical values of the drug preparation of Akala palitha (premature graying of hair)
Analytical study of Mutra ( Urine) as an indicator to diagnose diseases according to Ayurveda perspective.(Special reference to Madhawa nidhana)
A study of relationship between dehaprakriti & sexual aspect mentioned in horoscope.
Preparation of novel grita for arshas and analysis of its pharmacological and pharmacodynamic aspects based on arshogna dashakaya
Preparation of novel rasayana capsule from asvagandhamrtaadi kvaataya
Development of herbal cream for kushta roga from kaakamaaci( <i>Solanum nigrum</i> ) leaves

Title of the project proposal
A Systematic review on Ayurveda nd complementary Medical Intervention of Cerebrovascular Accidents.
A systemic review on Ayurveda and Complementary Medical Intervention for Amlapitta.
A Systematic review on Ayurveda and complementary Medical Intervention of "Gridrasi".
A systematic review on Ayurveda and Complementary Medical Intervention of Juvenile Diabetic.

A systemic review on Ayurveda and Complementary Medical Intervention of Osteoarthritis.	Se
Study on Male Infertility according to Charaka samhitha and Susrutha samhitha.	D
A systemic review on Ayurvedic and Complementary medical intervention for hemorrhoids.	D
Review on Ayurvedic perspective of Menopause Syndrome its Management.	D
Study on Psychological effect of Traditional Dancing Method "Kumara Samayama Shanthi Karma" in Sbaragamuwa Province, to prevent miscarriage.	D
A systemic review on Nutritional Properties of Traditional paddy and Traditional food in Sri Lanka.	D
Development of Tissue Culture procedures for a highly demanding and threatened plant used in Ayurvedic Drug Manufacturing.	D C
Study the Association of Prenatal, Natal and Postnatal Factors with development of Mental Deficiency in children (Manodaurbalya)	D
Study to find out the effectiveness of Ayurveda Dinacharya (Life style) for maintaining public health of primary school children at Somaweera Chandasekara Primary School, Piliyandala.	D
A systematic review on Ayurvedic Intervention for Krimi Roga of children.	D
A systemic review on Ayurveda Medical Intervention on Obesity	D
Preparation and Standardization of Madhukadi Lepaya in Bee Honey.	D
The Effectiveness of Ayurveda Treatments for Gynaecological Disorders. A Study in Colombo District.	D
Study on Psychological influence of "Riddi Yagaya Shanthi Karma" on Subfertility.	D
Systematic Review on "Yoga"	D
Systematic Review on Ayurveda Management of Thamaka shwasa	D

Title of the project proposal	
A survey on treatment line in Ayurveda with special reference to pharmaceutical analysis of selected drug on Sandhigatha Vata - A case study.	A I
A survey on relationship of dietary patterns on Amla Pitta (Gastritis) with special reference to "Diya Bath", among school children 12 to 13 years in Sourthen Province, Sri Lanka.	I
An observational study on Pakshaghata with pharmaceutical analysis of Denibadiya Decoction	I A I
Study the effect of selected Sri Lankan traditional medical formulae ( <i>Kadum Bidum Vedakama</i> ) on fracture healing ( <i>Bhagna Chikitsa</i> ) (An Observational Case Study )	I
Phytochemical Analysis of <i>Balabilvashunti</i> Decoction.	I
A Survey on usage of <i>Koloa Kanda</i> ( Herbal Gruel) Among Sri Lankan Population.	I
A Survey Study on preparation of <i>Neelyadi Tailaya</i> by Sri Lankan Ayurveda Medicial Practitioners.	I
Conversion of Nikaady thawilly pottaniya in to a cream and determination of sources of active ingredients with TLC fingerprinting.	I A I I