

**Level III BAMS (2016/ 2017) First Semester****Zoom Lecture Schedule****25.01.2021- 05.02.2021****Study Unit of Kayachikithsa, Institute of Indigenous Medicine, University of Colombo,  
Rajagiriya****Chikithsa Muladharmam and Panchakarma- KC 3102**

<b>Date</b>	<b>Day</b>	<b>Time</b>	<b>Lecture Topic</b>	<b>Name of the Lecturer</b>
25.01.2021	Monday	4.00-5.00pm	Chikithsa Anga and Upanga, Factors which effects the efficacy of treatment	Dr. KIWK Somarathna
27.01.2021	Wednesday	8.00-9.00am	Treatment for Sthanagatha Dosha and Anyasthanagatha Dosha, Treatment for dual Doshic and Sannipathaja Doshic involvements, Treatment for Dhatu Vriddhi and Dhathu Kshina	Dr. KIWK Somarathna
27.01.2021	Wednesday	1.00-2.00 pm	Shirsha Abhyanga, Sharira Abhyanga, Hastha Abhyanga, Pada Abhyanga, Prushta Abhyanga, Marma Abhyanga	Dr. AG Samarawickrama
		2.00- 3.00 pm		
29.01.2021	Friday	8.00-9.00 am	Rasayana Chikithsa, Different types of Rasayana therapies and therapeutic measures to increase immunity or Vyadhikshamathwa	Dr. KIWK Somarathna
		9.00- 10.00 am		
02.02.2021	Tuesday	8.00-9.00am	Shad Kriya Kala	Dr. AG Samarawickrama
03.02.2021	Wednesday	8.00-9.00am	Mud Therapy	Dr. AG Samarawickrama
03.02.2021	Wednesday	1.00-2.00pm	Treatment for Sthanagatha Dosha and Anyasthanagatha Dosha, Treatment for dual Doshic and Sannipathaja Doshic involvements, Treatment for Dhatu Vriddhi and Dhathu Kshina	Dr. KIWK Somarathna
		2.00-3.00pm		
05.02.2021	Friday	8.00-9.00am	Therapeutic Application of Yoga	Dr. KR Weerasekara

Dr. NDN Jayawardhane

Head/ Study Unit of Kayachikithsa

22.01.2021