

# 4<sup>TH</sup> AYUREX KANDY - 2018

## International Symposium on Ayurveda and Indigenous Medicine 2018 (AYUREX-ISAIM 2018)

### "EXPLORING NEW DIMENSIONS OF KNOWLEDGE IN THE TRADITIONAL SYSTEMS OF MEDICINE"

05<sup>th</sup>, 06<sup>th</sup> & 07<sup>th</sup> October 2018, Kandy City Centre (KCC) @ Kandy, Sri Lanka

Jointly Organized by The Provincial Department of Ayurveda, Provincial Ministry of Health, Indigenous Medicine, Social Welfare,  
Probation and Child Care Services, Central Province, Kandy Sri Lanka.

And

Institute of Indigenous Medicine, University of Colombo



Indigenous Medicine (IM) "Helawedakama" is a unique heritage of Sri Lanka coming over centuries based on a series of ancient indigenous medical literature handed down from generation to another. In fact, Sri Lanka is proud to claim to be the first country in the world to have established systematic hospitals. Some ancient cities of Sri Lanka; Polonnaruwa, Medirigiriya, Anuradhapura and Mihintale still have the ruins of what many believe to be the first hospitals in the world.

Historically, indigenous physicians enjoyed a noble position in the country's social hierarchy due to the royal patronage granted to them by ancient kings. From this legacy, it was stemmed a well-known Sri Lankan saying: "be a physician if you could not be the king".

AYUREX - ISAIM 2018 offers you a valuable opportunity to be a part of leading academics, scientists, researchers, healthcare professionals and renowned Indigenous Physicians who would contribute to bring about a new platform of innovations in the field of Ayurveda & Indigenous Medicine.

#### Guidelines for Abstract Submission

Abstracts should be between 250 -300 words and should be a single paragraph with five (05) keywords in alphabetical order. The name of the corresponding author should be underlined and bold.

The paper size: A 4, margins: 2.5 cm, font type: Times New Roman, font size: title- 14 Bold; body- 12; authors' names & affiliation- 10 Bold; Line spacing -1.5; paragraph aligned-justified; Do not use an indent in the beginning of the paragraph. Non-English words should be Italic.

Last Date of Abstract Submission : 30<sup>th</sup> August, 2018  
Acceptance notification : 10<sup>th</sup> September, 2018  
Abstracts should be submitted to: [ayurex.isaim2018@gmail.com](mailto:ayurex.isaim2018@gmail.com)

#### Poster Presentation

The poster size should be of 91cm x 122cm (36' x 48"). The format should be Portrait and be printed on flexi material to be mounted on a board.

#### Conference Tracts

- Maternal & Child Health in Ayurveda
- Yoga Meditation and other non -Pharmacological Interventions on health
- Evidence based approaches in Ayurveda, Siddha, Unani, IM and TM
- Quality assurance and standardization of herbal medicine & products
- Ayurveda and current health issues
- Herbal Nutraceuticals and Cosmeceuticals
- Environment and Health
- Ayurveda in community medicine
- Religious and cultural values in Traditional and Indigenous medicine
- Literary reviews on Ayurveda and TM manuscripts on Indigenous Medicine
- Integrative Approaches in research and Practice

#### Registration

Persons whose abstracts have been accepted to be presented at the symposium need to be registered before 20<sup>th</sup> September, 2018. Spot registration will not be allowed **for the presenters**

Registration fees should be deposited to the **Account No: 1279163**  
The Commissioner of Ayurveda CP ( **Bank of Ceylon Kandy 2<sup>nd</sup> City Branch** )

Once registered, a scanned copy of the bank payment slip should be sent to [ayurex.isaim2018@gmail.com](mailto:ayurex.isaim2018@gmail.com)

#### Registration fees

For abstract presenters (Poster/Oral): SLR 4000.00

For students (UG): SLR 3500.00

Foreign Participants: USD 100

#### Dates & Location

5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> October, 2018 at Kandy City Centre (KCC), Kandy, Sri Lanka.

#### Organizing Committee

Chief Organizer: Prof. (Mrs) Priyani A. Paranagama  
Director  
Institute of Indigenous Medicine  
University of Colombo, Rajagiriya  
Sri Lanka.

Co-organizer: Dr. L. P. A. Karunathilake  
Head Section of Ayurveda  
Institute of Indigenous Medicine  
University of Colombo, Rajagiriya  
Sri Lanka.

#### Organizing Secretary

Dr. S.M.S.Samarakoon  
Head - Dept. of Deshiya Chikitsa  
Institute of Indigenous Medicine  
University of Colombo, Rajagiriya  
Sri Lanka.  
[samarakoonim@gmail.com](mailto:samarakoonim@gmail.com)  
+94710494344

Co -Organizer: Dr. Dammika Abeygunawardene  
Provincial Commissioner of Ayurveda  
Central Province,  
Kandy.  
Sri Lanka  
[mdjabey@gmail.com](mailto:mdjabey@gmail.com)  
+94773773220 / +94718071881

Joint Secretary: Dr. Manjhula Kadunkorala  
Ayurveda Provincial Hospital  
Pallekele, Kundasale  
Central Province,  
Kandy.  
Sri Lanka.  
[manjula.mahesh@gmail.com](mailto:manjula.mahesh@gmail.com)  
+94718669916

#### Secretary to the Scientific committee:

Dr. H.W.G. Samanmalee  
Institute of Indigenous Medicine  
University of Colombo, Rajagiriya  
Sri Lanka.  
+94712514148