

# **Sri Lanka Journal of Indigenous Medicine (SLJIM)**

**Institute of Indigenous Medicine, University of Colombo**

## **Guidelines for authors**

**Sri Lanka Journal of Indigenous Medicine (SLJIM)** accepts original research reports in English in all areas of basic scientific and clinical research on Indigenous/ Traditional system of Medicine, Medicinal plants, Ayurvedic Pharmaceutical science etc. Further the editors encourage the submission of papers relevant to Multidisciplinary clinical studies on curative and preventive aspects, historical, literal, cultural, and socioeconomic perspectives. The journal also publishes invited review papers, book reviews and short communications. The submission of a manuscript will be taken to imply that the work is original, and it or a similar paper (other than an abstract) has not been, and will not be submitted elsewhere for publication. Sri Lanka Journal of Indigenous Medicine (SLJIM) is a peer reviewed International journal to be published biannually.

## **Submission of Manuscripts**

The original paper including illustrations and tables should be submitted with three copies. The author should keep an extra copy of manuscript. Submission should be accompanied by a covering letter that designated one author as correspondent including his complete postal and e-mail address. The submission has not been previously published, nor is it before another journal for consideration.

The manuscript must be typed in double spacing in English on one side of the paper (preferably A4 size) with a margin not less than 2.5 cm all rounds. The pages must be numbered consecutively, and securely fastened together. The journal will also accept manuscripts in a CD in Word perfect or MS Word format. Manuscripts before submission should be proofread carefully for mistakes and subsequent corrections, if any, made. Upon receipt of the manuscript, the editor will mail a confirmation notification to the sender indicating the title of the manuscript and the publisher's identification number. All the materials in the journal will be subjected to copyright and may not be republished without permission. Authors should follow the following general guidelines.

## **Authorship**

All authors including the co-authors should have been responsible for a significant part of the manuscript. All authors and co-authors should have taken part in writing the manuscript reviewing it, and revising its intellectual and technical content. Any author whose name appears on a paper assumes responsible for the results.

### **Length of papers**

**Original research papers** should be written under the following sub headings, Title page, Abstract, Keywords, Introduction, Materials and methods, Results, Discussion, Acknowledgements, References, Tables and Figures. It should not exceed 4000 words. **Review papers** should include an abstract, an introduction that outlines the main points, text under brief sub headings and references. Review papers may exceptionally be longer up to 5000 words.

**Short communications** should contain novel preliminary findings. It should be written under the subheadings similar as for a research paper but should include one figure, a table and only few key references. It should not exceed 2000 words.

### **Title page**

The title of the paper must be as brief as possible. The title of the paper should correctly reflect its contents and must not exceed 100 characters in length. A short running title of up to 40 characters should be provided. The name (s) & initials of the author (s) with the highest academic degree and their affiliation (s) should be given. The name, postal address and e-mail address of the corresponding author should be stated.

### **Abstract**

Contributors are requested to submit an abstract of not more than 200 words of the article/ paper with the following components; objectives, methods and materials, setting, interventions, main outcome measures, results and conclusions. The abstract should not contain any reference.

### **Key Words**

Up to ten key words that could be used for indexing should be provided. Words that are used as subject heading in indexing journals are preferred. These key words should be typed at the end of the abstract.

### **Manuscript layout**

Manuscript of articles should be organized as follows. Title page, Abstract, Key words, Introduction, Methods and materials, Results, Discussion, conclusions, Acknowledgement and Reference.

## **Introduction**

Introduction should supply enough information to allow the reader to understand and evaluate the results and discussion that follows. It should be restricted to reason for undertaking the present study and provide only the most essential background. It should state the problem, consider events and literature up to the present problem, State any assumptions, give an outline of the work.

## **Methods and materials**

The nomenclature, the source of materials and equipments used with the manufactures details should clearly mentioned with parenthesis. The procedure adopted should be explicitly stated to enable other workers to reproduce the results.

New methods may be described in detail with an indication of their limitations. Established methods can be mentioned with appropriate references. When reporting experiments on human subjects, it should be indicated weather the procedures followed where in accord with the ethical standards on human experimentation. When reporting experiments on animals, procedures for the care and use of laboratory animals need to be mentioned. They must provide information regarding the source of animals, the strain, age, weight, sex, housing and nutrition. The drugs and chemicals used should be precisely identified, including generic name(s), dosage (s), and route (s) of administration. The statistical significance of the findings when appropriate should be mentioned.

## **Results**

The results are concisely and logically presented. Only data essential for the main conclusion emerging from the study should be included. Interpretations of data should be left to the discussion section. Presentation of the same results in the figures and text should be avoided.

## **Discussion**

Long, rambling discussions should be avoided. The discussion should deal with the interpretation of results without repeating information already presented in results. It should logically related new findings to old ones. Unqualified statements and conclusions not completely supported by data should be avoided. All hypotheses should be clearly identified as such. Recommendations may be included as part of the discussion, only when considered absolutely necessary and relevant.

## **Acknowledgement**

Acknowledgement should be in brief and made only for specific, technical and financial assistance and not for routine help in preparing manuscripts. If a significant part of the research was performed in an institution other than in those indicated by the author affiliations given in the title page, this fact should be acknowledged.

## **References**

References to the literature must be indicated in the text and tables in serial order by a small superscript number in Arabic numerals. The list of references in numerical order must be placed at the end of the manuscript. Unpublished data and personal communications should not be listed under reference but mentioned in the text. In each reference all the initials of the author must be given after the surname. The year of publication should be followed by the full title of the referred publication. Accuracy of references is the responsibility of the author(s).

Some examples of typical references are provided below:

**Journals articles** : Name of author with initials. (year of publication).Title of the paper. Journal name. Volume No: page no.

**Books** : Name of author (year of publication), title of book, publishers, Number of edition, country, page No.

**Internet** : Name of author,(publication year),title of article, name of journal, complete web address(Accessed date)

**Conference proceedings**: Name of the author(year). Name of paper. Name of Conference. Organizers. Country.

## **Illustrations**

Illustrations should be kept to a minimum. All illustrations are considered as figures, graphs, drawings, or photographs should be numbered in the order cited in the text.

## **Foot notes**

Foot notes should be included only if they are essential and should be indicated in the text by small superior symbols and listed on a separate page in the manuscript.

### **Abbreviations and symbols.**

Unless common, these should be defined when first used, and not included in the abstract. The SI system of units should be used wherever possible if measurements were made in units, other than SI.

### **Nomenclature**

Scientific names of plants and animals should be italic type in the manuscript. In the following citations, the generic name may be abbreviated. e.g. *G. glabra*.

### **Manuscripts should be submitted to:**

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