



2nd International Conference on
Ayurveda, Unani, Siddha and Traditional Medicine (ICAUST -2014 and
AYU EXPO)

16th-18th DECEMBER 2014

organized by

Institute of Indigenous Medicine
University of Colombo
Rajagiriya, Sri Lanka



Scientific Session – Oral Presentation

Session : 01
Venue : Hall-1 (Auditorium)
Date : 17.12.2014
Time : 9.00am-12.15pm

| | |
|-----------------------|----------------------------|
| Chairperson | Prof HAS Ariyawansa |
| Co-Chairperson | Dr. (Mrs) IGPR Kulanatha |
| Rapporteur | Dr. (Mrs) HGSP Hewageegana |
| Keynote speech | Dr. (Ms) MWSJ Kumari |

| Abstract ID No | Title | Presenter |
|-----------------------|---|-------------------------|
| 0008 | Chemical Profiles And DNA Barcodes For A Sri Lankan Medicinal Plant <i>Plectranthus Hadiensis</i> | A.P.P.R. Amarasinghe |
| 0020 | A Clinical Study On Efficacy Of Yavamalaka Choorna In Dyslipidemia | S.K. Shetty |
| 0030 | Antibacterial Activity Of Watery Extract Of <i>Mimosa Pudica</i> Against Certain Common Wound Infecting Bacteria | D. A. L. Munasinghe |
| 0037 | Lymphocyte Activation And Inhibition Of Inos Expression By Combined Hot Water Extract Of <i>Coriandrum Sativum</i> And <i>Coscinium Fenestratum</i> | H.D.A.J.C. Harasgama |
| 0043 | A Critical Review On Intellect Promoting Medicines In Ayurveda With Special Reference To <i>Centella Asiatica</i> (Linn.) | V.P.S. Seneviratne |
| 0051 | Anti- Inflammatory Activity Of Ayurvedic Formulation: Chandraprabha Vati | K.R. Weerasekera |

Conference workshop

Information and Communication Technologies Transform the Practice of Medicine

Presented by: Andrew Stranieri, Tony Sahama and Pathirage Kamal Perera

Venue : Hall-1 (Auditorium)
Date : 17.12.2014
Time : 2.00 pm – 4.15pm



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Scientific Session – Oral Presentation

Session : 02

Venue : Hall-2

Date : 17.12.2014

Time : 9.00am-12.15pm

| | |
|-----------------------|-------------------------------|
| Chairperson | Prof (Mrs) ERHSS Ediriweera |
| Co-Chairperson | Dr. (Mrs) SKMK Herapathdeniya |
| Rapporteur | Dr. (Mrs) APA Jayasiri |
| Keynote speech | Dr KK Pandey |

| Abstract ID No | Title | Presenter |
|-----------------------|--|-----------------------|
| 0056 | A Comparative Clinical Study To Evaluate The Efficacy Of <i>Ksheerabala Taila Matra Basti And Jatyadi Taila Pichu</i> In The Management Of <i>Parikartika</i> With Special Reference To Fissure In Ano | P.G.T.P. Kumara |
| 0086 | Study On Relationship Of Birth Factors (Panchanga) As Important Astrological Data For Azoospermia | W.A.R.P. Weerasingha |
| 0099 | A Review Of The Indications Of Bhanga (Cannabis Sativa) In Ayurveda And Traditional System Of Medicine | W.M.S.S.K. Kulathunga |
| 0114 | An Experimental Evaluation Of <i>Vipaka</i> (Metabolism) And <i>Veerya</i> (Active Potency) Of A New Medicinal Plant In Animal Model | B. Mahajon |
| 0121 | Clinical Evaluation Of Biological Parameters On Diabetes Mellitus | A.S. Ajmeer |
| 0238 | An Analysis Of Table Salt Roasted By An Ancient Method That Is Used In The Treatment Of Cancer | N. Jayasundara |



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Scientific Session – Oral Presentation

Session : 03

Venue : Hall-03

Date : 17.12.2014

Time : 9.00am-12.15pm

| | |
|-----------------------|---------------------------|
| Chairperson | Dr. (Mrs) DAR Sakunthala |
| Co-Chairperson | Dr. (Mrs) SP Molligoda |
| Rapporteur | Dr. (Mrs) YSG Wimalasiri |
| Keynote speech | Dr. (Mrs) SD Hapuarachchi |

| Abstract ID No | Title | Presenter |
|-----------------------|---|--------------------------|
| 0131 | The Prevalence And Impact Garbhashagata Arbuda (Uterine Fibroids) On The Menstrual Disorder A Survey Of Affected Women Who Attend To Gynecology Clinic In Borella Teaching Hospital | M.A. Lakmini |
| 0144 | Qualitative Phytochemical Analysis Of Shathapushpa-Shatavari Crude Powder (SSP) | K.A.M.P. Kumarapeli |
| 0021 | A Literary View Of The Peculiarity And Efficacy Of Koladaundaya | B.S.M.M. Sooriyaarachchi |
| 0180 | Comprehensive Review On Different Drug Preparations Used In <i>Mandam Vedakama</i> (Treatments For Malnutrition) In Sri Lankan Traditional Medicine | J.M. Dahanayake |
| 0196 | A Clinical Study On Effects Of Herbal Toothpaste On Gingival Health | K.P.G. Lakmali |
| 0208 | Prevalence Of Pittaja And Kapaja Arsha According To The Arsha Classification Of Susruta Samhitha | S.M.N.J. Solohokara |



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Scientific Session – Oral Presentation

Session : 04

Venue : Hall-04

Date : 17.12.2014

Time : 9.00am-12.15pm

| | |
|-----------------------|---------------------------|
| Chairperson | Dr. (Mrs) K Sounthararaja |
| Co-Chairperson | Dr. (Mrs) A Siritharan |
| Rapporteur | Dr. (Mrs) S Sivaganam |
| Keynote speech | Dr. Varnakulendran |

| Abstract ID No | Title | Presenter |
|-----------------------|---|---------------------|
| 0003 | Management Of Developmental Delay Children In Indigenous System - Observational Case Report | R. Piratheepkumar |
| 0125 | Epidemiological Study On Treatment For Diabetic Wound Among The Traditional Doctors In Northern Province | S. Gayi |
| 0230 | Isolation And Characterization Of Probiotic “ <i>Lactococcus Lactis</i> ” From Sri Lankan Finger Millet Variety (<i>Elucine Coracana</i>) | D.M.W.D. Divisekera |
| 0250 | A Comparative Chromatography Study Of Different Tel Spp. (<i>Ipomoea</i> Spp.) In Kuliypitiya Region, Kurunegala District Sri Lanka | L.S.G. Wijayasinghe |
| 0252 | Antibacterial Activity Of The New Formulated Tooth Paste “Askalos” | N. Sugajini |



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Scientific Sessions - Oral Presentations

Session : 05

Venue : IT Centre

Date : 17.12.2014

Time : 9.00 a.m. – 12.15 p.m.

| | |
|-------------------------|-----------------|
| Chairperson | Dr. MLU Salma |
| Co-Chairperson | Dr. MMM Rifaee |
| Rapporteur | Dr. AHA Fazeena |
| Key Note Speaker | Dr. MCM Maheez |

| Abstract ID | Abstract Title | Presenter |
|--------------------|--|------------------|
| 0001 | Free Radical Scavenging Activity Of Six Medicinal Plants | Atif Saleem |
| 0011 | Novel Approaches For An Ancient Disease: Clinical Efficacy Of Herbal Coded Formulation Gouticin For Treatment Of Gouty Arthritis And In Vitro Xanthine | Khan Usmanghani |
| 0022 | Antihyperglycemic And Hypolipidemic Effects Of Methanolic Extract Of <i>Euphorbia Prostrata</i> On Alloxan Induced Induced Diabetic Rabbits | Tahira Shamim |
| 0026 | The Treatment Of Migraine Through Cupping Therapy | Asif Iqbal |
| 0063 | Work Of Ibn Sina On Four Humours Applying Clinical And Conventional Laboratory Techniques | S. Ghayas |
| 0118 | Prevalence Of The Polycystic Ovarian Syndrome In Overweight And Obesity | M.U.Z.N. Farzana |
| 0167 | <i>In Vitro</i> Anthelmintic And Antimicrobial Activities Of Methanolic Extracts Of <i>Fumaria Indica</i> | A. Khan |
| 0171 | Evaluation Of <i>In Vitro</i> Antimicrobial Activity Of Three Extracts Of <i>Nepeta Cataria</i> L. Against Some Veterinary Pathogenic Microbes | S.A. Bandh |
| 0186 | NABH-Structural And Accreditational Standards For Hijamah (Cupping) Therapy In INDIA- A Key For Developing S.O.P's | A.H. Ashraf |
| 0224 | Prevalence Of Metabolic Syndrome And Diabetes Mellitus Among Obesity Patients In Selected Hospitals In Sri Lanka | A.M. Muthalib |
| 0264 | A Study On Polycystic Ovarian Disease A Life Style Disease | W. Naveed |



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Scientific Session – Oral Presentation

Session : 06

Venue : Hall-02

Date : 17.12.2014

Time : 1.00 pm-4.15pm

| | |
|-----------------------|---------------------------|
| Chairperson | Dr. (Mrs) SD Hapuarachchi |
| Co-Chairperson | Dr NDN Jayawardhana |
| Rapporteur | Dr. (Mrs) IAM Leena |
| Keynote speech | Prof HAS Ariyawansa |

| Abstract ID No | Title | Presenter |
|-----------------------|---|---------------------|
| 0053 | A Comparative Study Of <i>Boutika Prakriti</i> Based On <i>Deha</i> (Body Constitution) And Astrology | S.P. Molligoda |
| 0092 | A Study On Antibacterial Effect Of <i>Clerodendron Infortunatum</i> “Pinna” | M.T.A. Dayarathna |
| 0103 | A Sri Lankan Traditional Medicine (Bamboo Swarasa) To Control Dengue Symptoms And Signs – A Preliminary Observation | N. Kumarasinghe |
| 0116 | A Comparative Study Of Varnyayoga Powder And Varnyayoga Cream On Yuvana Pidaka | P.R. Waratenne |
| 0123 | Phytochemical Screening Of <i>Albizia Odoratissima</i> Stem Bark | A.P.A. Jayasiri |
| 0233 | Ayurveda Hridroga, Atreya Muni And William Heberden | K.I.W.K. Somarathna |



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Scientific Session – Oral Presentation

Session : 07

Venue : Hall-03

Date : 17.12.2014

Time : 1.00 pm-4.15pm

| | |
|-----------------------|-----------------------------|
| Chairperson | Dr. (Mrs) WMSSK Kulathunga |
| Co-Chairperson | Dr. (Mrs) KPKR Karunagoda |
| Rapporteur | Mr Asoka Gunasekara |
| Keynote speech | Prof (Mrs) ERHSS Ediriweera |

| Abstract ID No | Title | Presenter |
|-----------------------|---|-----------------------|
| 0093 | Antibacterial And Antioxidant Properties Of <i>Oldenlandia Umbellata</i> | J.K.K. Buddika |
| 0136 | Ferric Reducing Power Of Aqueous Extracts Of Bark, Root, Flower, Leaves And Unripe Fruit Of <i>Cassia Auriculata</i> Under Different Storage Conditions | S. Pancharajah |
| 0145 | Ayurvedic Management for Side effects of Risperidone | R.H.S.K. De Silva |
| 0191 | Utility Of Joystishya In Paralysis | M.A.D.K Manurathna |
| 0203 | Preventive Activity Of DNA Damage And Hydroxyl Radical Scavenging Activity Of The Water Extract Of <i>Phyllanthusdebilis</i> plant | B.D.R. Perera |
| 0222 | Constipation Scoring System For Sravi Arshas Patients | D.P.A. Dissanayake |
| 0245 | A study on Therapeutic usages and Anthelmintic properties of <i>Leucas zeylanica</i> (Getathumba) | E.R.H.S.S. Ediriweera |



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Scientific Session – Oral Presentation

Session : 08

Venue : Hall-04

Date : 17.12.2014

Time : 1.00 pm-4.15pm

| | |
|-----------------------|---------------------|
| Chairperson | Dr. B Sathyaseelan |
| Co-Chairperson | Dr. K Sounthararaja |
| Rapporteur | Mrs A. Rayeesa |
| Keynote speech | Dr .S. Vignaveni |

| Abstract ID No | Title | Presenter |
|-----------------------|---|----------------------|
| 0005 | Study On Traditional Hair Oil In The Management Of Depression | A. Sritharan |
| 0065 | Antimicrobial and Anatomical screening of the bark of <i>Salvadora Persica</i> Linn. | V. Sathiyaseelan |
| 0246 | Anatomical Review On Term “ <i>Hridaya</i> ”, According To <i>Vridathrayee</i> And <i>Laguthrayee</i> | E.P.C. Priyadarshani |
| 0254 | In-Vitro Antioxidant Properties Of <i>Curcuma Aromatica</i> As A Skin Whitening Ingredient | D. Liyanaarachchi |
| 0260 | Efficacy Of <i>Nilavakai Choornam</i> And <i>Karapan Ennai</i> In <i>Vathakarappan Noi</i> | S. Sivarangini |
| 0261 | A Literature Review Of Therapeutic Effects Of <i>Premna Integrifolia</i> Linn | K.D.W. De Silva |



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Scientific Sessions - Oral Presentations

Session : 09
Venue : IT Centre
Date : 17/12/2014
Time : 1.00 p.m. – 04.15 p.m.

| | |
|-------------------------|--------------------|
| Chairperson | Dr. AHM Mawjood |
| Co-Chairperson | Dr. SM Raeesuddeen |
| Rapporteur | Dr. MSM Nasmeeer |
| Key Note Speaker | Dr. QN Quddusia |

| Abstract ID | Abstract Title | Presenter |
|--------------------|---|--------------------------|
| 0002 | Clinical Study Of Herbal Medicine For Treatment Of Infective Vaginal Discharge | Halima Nazar |
| 0012 | A Comparison Of Biocor With Simvastatin In Recommended Doses In A Large Multicenter Randomized Clinical Trial | Zeeshan Ahmed Sheikh |
| 0023 | <i>Crocus Sativus</i> (Saffron) And Immunoregulatory Property | Boskabady M.H. |
| 0044 | Study Of Basic Principles Of <i>Hijamah</i> In Various Medical Disciplines | Mohammed Junaid Siddiqui |
| 0075 | Effectiveness Of Ponnava rampu Oil On The Prevention Of Kiranthy (Inflammation Of The Children Skin) Among Young Children | K.M. Aslam |
| 0111 | Case Study Of Chronic Headache Patients Treated With Hijama Bish Shurth (Wet Cupping) | M.J.F. Samiya |
| 0168 | Interaction Of Plant Growth Isolates For Growth Improvement Of <i>Crocus Sativus</i> L. <i>Kashmirianus</i> C.V. Under Tissue Culture Conditions | J.A. Parray |
| 0181 | Islamic Medicine To Modern Medicine | B.A. Ganai |
| 0187 | Distinctive Treatment For Paralysis In Tibb-E-Unani. (Experiences And Reflections) | A. Jabeen |
| 0241 | Preliminary Physicochemical And Phytochemical Evaluation Of “Pakhanbed” (<i>Bergenia Ligulata</i> (Wall.) Engl.) | M.S.M. Nasmeeer |
| 0009 | A Temperamental Approach In Promotion Of Health | Malik Itrat |
| 0014 | A Comparative Randomized Clinical Trial Of Herbal And Conventional Medicines For The Treatment For <i>Helicobacter Pylori</i> Infection In Pakistan | Hafiz Muhammad Asif |



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Scientific Session – Oral Presentation

Session : 10

Venue : Hall-01

Date : 18.12.2014

Time : 9.00 am-12.15pm

| | |
|-----------------------|---------------------------|
| Chairperson | Dr MWSJ Kumari |
| Co-Chairperson | Dr. (Mrs) EDTP Gunarathna |
| Rapporteur | Dr. JAJ Jayatissa |
| Keynote speech | Prof MHA Tisera |

| Abstract ID No | Title | Presenter |
|-----------------------|---|---------------------|
| 0016 | Attenuation Of Hepatic Oxidative Stress, Fatty Changes And Insulin Resistance By Bioactive Component Of <i>Nigella Sativa</i> In High Fructose-Fed Rats | Reeta KH |
| 0033 | Evaluate The Efficacy Of An Ayurvedic Treatment Regimen On Uttana Vatarakta – A Case Study | S. Weerasekara |
| 0039 | Ayurvedic Prescription For The Re-Growth Of Damaged Hymens (Based On An Ancient Ayurvedicpalm Leaf Manuscript) | S.N. Seneviratne |
| 0047 | The Antibacterial Activity Of The Crude Extracts Of <i>Hibiscus Aculeatus Roxb(Napiritta)</i> | P.T.N Pathirana |
| 0157 | Influence Of Body Mass Index (BMI) And Prakrithi On Arsas With Special Reference To Family History | D.A.R. Sakunthala |
| 0240 | Biochemical Analysis Of Serum Antioxidant Levels After The Leech Therapy In The Management Of Pakshaghat (CVA –Infarction) | E.D.T.P. Gunarathna |
| 0265 | A Study of the Similarities Existing Between Buddhism and Ayurveda in Relation to Hygiene | C.K. Gamage |



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Scientific Session – Oral Presentation

Session : 11

Venue : Hall-02

Date : 18.12.2014

Time : 9.00 am-12.15pm

| | |
|-----------------------|--------------------------|
| Chairperson | Dr (Mrs) PR Warathenna |
| Co-Chairperson | Dr. (Mrs) KR Weerasekara |
| Rapporteur | Mrs. PM Ayomi |
| Keynote speech | Prof Ranaweera |

| Abstract ID No | Title | Presenter |
|-----------------------|--|---------------------|
| 0106 | Screening For “ <i>In Vitro</i> ” Antifungal Activity Of Fruit Extract Of <i>Caparis Zeylanica</i> | S. Shathyaa |
| 0119 | In Vitro Cytotoxicity Of The Sri Lankan Basidiomycete, <i>Anthracophyllum Lateritium</i> Against RD Cell Line | M.D.M. Fernando |
| 0129 | Preliminary Phytochemical Screening Of <i>Flueggea Leucopyrus</i> Willd.(Vern: Katupila) Leaves In Sri Lanka | A.I.S. Priyadarshan |
| 0134 | Impact Of <i>Medhya Rasayana</i> Therapy On The Level Of Acetylcholine Esterase In Senile Dementia | R.D.H. Kulathunga |
| 0158 | Clinical Evaluation Of Pushkaradi Compound In Respiratory Allergic Disorders Of Children | I.A.M. Leena |
| 0193 | Hepatoprotective Effects Of <i>Munronia Pinnata</i> (Binkohomba) Against Carbon Tetrachloride Induced Hepatotoxicity In Rats | S.D. Hapuarachchi |



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Scientific Session – Oral Presentation

Session : 12

Venue : Hall-03

Date : 18.12.2014

Time : 9.00 am-12.15pm

| | |
|-----------------------|------------------------|
| Chairperson | Dr (Mrs) NVP Rohini |
| Co-Chairperson | Dr (Mrs) JM Dahanayake |
| Rapporteur | Dr (Mrs) Ms Pallie |
| Keynote speech | Dr Priyani Peiris |

| Abstract ID No | Title | Presenter |
|-----------------------|---|-------------------------|
| 0085 | Study On Environmental And Occupational Factors For Male Sub Fertility | W.A.R.P. Weerasingha |
| 0146 | A Survey On Commonly Used Anticancer Medicinal Plants Of Traditional Practitioners In Sri Lanka | N.A.R.R. Nishshanka |
| 0162 | A Study On The Efficacy Of <i>Gairikadilepa</i> In The Management Of <i>Padadari</i> | M.P.N Pramodani |
| 0206 | Review On Dashanga Guggulu In The Management Of Medovriddhi (Hyperlipidemia) | U.D.S. Sewwandi |
| 0223 | Study Of Antidiarrheal Drugs And Common Herbs Used By Siddha Physicians | P. Sulosana |
| 0267 | Potential of Vajeekarana Thanthra as a holistic treatment model in Ayurveda | W.M.K.A. Wijesundara |



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Scientific Session – Oral Presentation

Session : 13

Venue : Hall-04

Date : 18.12.2014

Time : 9.00 am-12.15pm

| | |
|-----------------------|-------------------|
| Chairperson | Dr Varnakulendran |
| Co-Chairperson | Dr Arul Amuthan |
| Rapporteur | Dr S. Sivaganam |
| Keynote speech | Prof Bhawani |

| Abstract ID No | Title | Presenter |
|-----------------------|---|---------------------|
| 0067 | Hypoglycemic Acitivity Of The Combined Extract From Satagavata-Matumeho-Tubpikarn Antidiabetic Herbal Formula | O. Vallisuta |
| 0227 | Anti Alzherimer's Potential Of <i>Tarenna Asiatica</i> Leaf Extract | S.P. Samaradivakara |
| 0237 | The <i>Asbab Sitta Daruriya</i> (Six Essential Factors) In Modern Heart Care | G. Johannknecht |
| 0268 | Workload Generated by frequent consulters among university students attending a university medical centre | J.A.J. Jayatissa |
| 0256 | A Clinical Study Of The Role Of Counseling In Stress Related Diabetes Mellitus | M.W.S.J. Kumari |
| 0266 | Comparative Evidence Based Review Of Therapeutic Value Of <i>Embelia Ribes</i> Both Siddha & Modern Concept | N. Varnakulendran |



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Scientific Sessions- Oral Presentations

Session : 14

Venue : IT Centre

Date : 18/12/2014

Time : 9.00 a.m. – 12.15 p.m.

| | |
|-------------------------|------------------|
| Chairperson | Dr. H Nizamdeen |
| Co-Chairperson | Dr. MUZN Farzana |
| Rapporteur | Dr. MSM Shiffa |
| Key Note Speaker | Dr. BM Nageeb |

| Abstract ID | Abstract Title | Presenter |
|--------------------|--|------------------------|
| 0024 | Respiratory Pharmacological Effects Of <i>Carum Copticum</i> | Boskabady M.H. |
| 0061 | Concept Of Ibn-Sina About Infectious Diseases And Development Of Effective Unani Formulation For The Treatment Of <i>Shigellosis</i> | Tasneem Qureshi |
| 0072 | Effect Of Hijamat Bil Shurth (Wet Cupping) In Ihtibas E Tams Sanvi (Secondary Amenorrhoea) -A Preliminary Study | M.U.Z.N. Farzana |
| 0143 | Efficacy Of <i>Taleeq</i> (Leech Therapy) In The Management Of <i>Bwaseer</i> (Haemorrhoid)-A Case Series | J.A. Khan |
| 0183 | Role Of Brown, White Rice Flour And White Flour In Diabetes And Healthy Individuals Of Sri Lanka | A.M. Muthalib |
| 0189 | Therapeutic Effect Of Wet Cupping In The Management Of <i>Shaqeeqah</i> (Migraine) | M.J.A. Fasmiya |
| 0257 | Literary Research On “Mizaj Theory” And “Personality Trait Theory” – WSR To Domain Analysis | M.C.M. Maheez |
| 0010 | Geriatrics And Unani Medicine | Malik Itrat |
| 0015 | The Efficacy Of Amoebex (Coded Herbal Drug) Compared With Metronidazole For The Treatment Of Amoebic Dysentery | Syed Muhammad Ali Shah |
| 0025 | Clinical Application Of El Qanoon In A Scientific Way | Asif Iqbal |



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Scientific Session – Oral Presentation

Session : 15

Venue : Hall-01

Date : 18.12.2014

Time : 1.00 pm-2.30 pm

| | |
|-----------------------|----------------------------|
| Chairperson | Dr. (Mrs) RDH Kulathunge |
| Co-Chairperson | Dr (Mrs) MRM Wikramasinghe |
| Rapporteur | Dr. (Mrs) LDR De Silva |
| Keynote speech | Dr RR Dewedi |

| Abstract ID No | Title | Presenter |
|-----------------------|---|-------------------------|
| 0019 | Exploration Of Antidiabetic & Hypolipidemic Activity Of Roots Of <i>Croton Zambesicus</i> | Krishna Murti |
| 0027 | Evaluation Of The Efficacy Of <i>Dummaladi Lepa</i> In The Management Of <i>Vipadika</i> | N.S. Abegunasekara |
| 0035 | Study About Un Printed Ola Leave Who Is The Owner Of <i>Hamangalle Weda Generation</i> - (Wattoru Weda Kama) | Jayarathna S.R.P.R |
| 0042 | SG1 Syrup As A Nutritional Supplement | Ruwan Liyanage |
| 0049 | Evaluation Of Rasayana Effect Of Gandhaka Rasayana | M.V.R. Wijyanthamala |
| 0270 | A Clinical Study On The Efficacy Of Ayurvedic Abhyanga Therapy In The Management Of Withdrawal Symptoms Of Heroin Addicts | K Waidyarathna |



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Scientific Session – Oral Presentation

Session : 16

Venue : Hall-02

Date : 18.12.2014

Time : 1.00 pm-2.30 pm

| | |
|-----------------------|-----------------------|
| Chairperson | Dr. TDN Karunarathna |
| Co-Chairperson | Mrs CK Gamage |
| Rapporteur | Dr. YAUD Karunarathna |
| Keynote speech | Prof M Sahu |

| Abstract ID No | Title | Presenter |
|-----------------------|---|----------------------|
| 0081 | A Study Of An Information Usage Patterns Of Undergraduates And Postgraduates At The Library Of Institute Of Indigenous Medicine | P.M. Ayomi |
| 0094 | Assessment Of Fluoride Levels In Water By Using Identified Plant Purifiers - An Analytical Study | J.S.K. Peiris |
| 0108 | Major Effective Chemical Compounds And Their Mechanisms For Anti-Arthritic Effect In Sri Lankan Traditional Medicine Herbal Formula, Nawarathne Kalka: Comprehensive Review | M.G.D.T. Karunaratne |
| 0133 | A Critical Review Of Fatigue After Neurological Disorders (Vata Vyadhi) | DPPS De Silva |
| 0102 | Ethical Values Of The Buddhist Concept Of Re-Becoming (Punabbhava) | Lee Sun Young |



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Rajagiriya, Sri Lanka



Scientific Session – Oral Presentation

Session : 17

Venue : Hall-03

Date : 18.12.2014

Time : 1.00 pm-2.30 pm

| | |
|-----------------------|--------------------------|
| Chairperson | Dr. DPA Dissanayake |
| Co-Chairperson | Dr (Mrs) RHSK De Silva |
| Rapporteur | Dr. (Mrs) WKBDS Fernando |
| Keynote speech | Dr Danister L Perera |

| Abstract ID No | Title | Presenter |
|-----------------------|--|------------------------|
| 0120 | Study The Astrological Influence On Balaka Pakshaghata | P.A.K. Siriwardhana |
| 0150 | Survey Of Life Styles, Food Habits And Obesity On Sira Granthi (Varicose Veins) | D.B. Umayangani |
| 0173 | Nature And Activities Of Endophytic Fungi Of <i>Ixora Coccinea</i> Leaves In Orugodawaththa And Sapugaskanda Areas Of Sri Lanka | W.A.N.M. Wariyapperuma |
| 0195 | A Critical Analysis Of Anguli Pramana As A Personal Measurement, Correlation With Anthropometric Variations Of Individual In Sri Lanka | M.R.M. Wickramasinghe |
| 0218 | Role Of Tapas (Religious austerity) In Preservation Of Health (A Comparative Study Based On The Maha Bharatha Under Charaka Samhita) | M. Dhammissara |
| 0269 | Why Do Some University Students Consult University Medical Officer Frequently | J.A.J. Jayatissa |



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Scientific Session – Oral Presentation

Session : 18

Venue : Hall-04

Date : 18.12.2014

Time : 1.00 pm-2.30 pm

| | |
|-----------------------|-------------------|
| Chairperson | Dr. A. Siritharan |
| Co-Chairperson | Dr B Sathyaseelan |
| Rapporteur | Mrs A Rayeesa |
| Keynote speech | Dr Arul Amuthan |

| Abstract ID No | Title | Presenter |
|-----------------------|---|-------------------------|
| 0054 | Personalized Medicine In Ayurveda | M.V.R. Wijyanthamala |
| 0130 | “Nasa Sandana” – A Seed To The Tree Of Plastic Surgery | P.S. Rao |
| 0207 | Critical Analysis Of Nutritional Values Of Cereals And Pulses In Modern And Ayurveda Aspects | R.L.D.S Ranasinghe |
| 0138 | The Comparative Study On Jwara (Thakman) With The Teaching Methods Of Vedic And Ayurveda Saàhitäs | A. Gunasekara |
| 0262 | Lipoxygenase enzyme inhibitory and anti-oxidant activities of Sri Lankan medicinal plants: <i>Cynometra cauliflora</i> , <i>Symplocos cochinchinesis</i> and <i>Spondias dulcis</i> | H.D.S.M. Perera |



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Rajagiriya, Sri Lanka



Scientific Session – Oral Presentation

Session : 19

Venue : IT Centre

Date : 18/12/2014

Time : 1.00 a.m. – 02.30 p.m.

| | |
|-------------------------|------------------|
| Chairperson | Dr. AWS Fowsia |
| Co-Chairperson | Dr. MH Fasul Hug |
| Rapporteur | Dr. MNF Rizniya |
| Key Note Speaker | Dr. Wasia Naveed |

| Abstract ID | Abstract Title | Presenter |
|--------------------|---|------------------|
| 0062 | Unani Treatment Option For Correction Of Presbyopia | Halima Nazar |
| 0110 | Comparative Clinical Evaluation Of Shamoomat (Aromatherapy) Of Agarwood Scent In The Stress Related Disorders | A.M. Ali Saja |
| 0142 | Literature Review On “Musaffi E Khoon” Drug With Special Reference To <i>Glinus Oppositifilius</i> | M.N.F. Rizniya |
| 0159 | Literary Review On Kidney Failure In Unani System Of Medicine | M.S.F. Silmiya |
| 0170 | Anthelmintic Activity Of <i>Prunella Vulgaris</i> L. Against Nematodes Of Sheep | B.A. Lone |
| 0184 | Modified Unani Treatment For Salasul E Bole Va Baraz (Incontinence Of Urine And Stool) – A Case Study | M.S.M. Shiffa |
| 0216 | Effect Of <i>Raphanus Sativus</i> (Rabu) Against Urinary Tract Infection (UTI) Causing Pathogens | S. Shiffana |
| 0258 | Traditional Knowledge, Knowledge Economy And Biodiversity Hotspots - A Challenge For Future | M.M. Bahir |