

## Session A

Chairperson: Dr. Perera PK

Co-Chairperson: Dr. Kalawana OTMRKSB

Rapporteur: Dr. Kamathewattha M

Coordinator: Dr. Dilrukshi SMAC

<b>Date</b>	<b>09. 12.2016</b>
<b>Time</b>	<b>10.30 a.m. – 12.30 p.m.</b>
<b>Venue</b>	<b>PG Section – 1<sup>st</sup> Floor</b>

S1	ID		
1	0006	<u>Herath HMIC</u>	Identification of Harankaha by TLC Fingerprinting
2	0009	<u>Vijayalakshmi C</u>	A study on effective management of depression and anxiety disorders by Acupressure 14 points exercise and SKY practice designed by Swamiji Vethathiri Maharishi-A complimentary yoga therapy on a 54 year old male
3	0012	Pushpamali WAI	Role of Shirolepa (Isakudichchi) in a case of Depression
4	0015	<u>Pushpamali W.A.I.</u>	Evaluation of the Effectiveness and Efficacy of Acupuncture treatment in the management of abdominal fat
5	0018	<u>Vidanapathirana P.P.</u>	A Comparative Clinical Study on the Effect of <i>Chitrakadi</i> Oil <i>matravasti</i> and <i>Sinhasyadi</i> Decoction Orally in the Management of <i>Gridhrasi</i> (Sciatica)
6	0019	<u>Jayalath S.M.</u>	A Comparative Study on the Effect of BhadradiNiruhaVasti and LekhanadiChurna Orally in the Management of Atisthaulya W.S.R.to Obesity
7	0025	<u>Pholtan Rajeev S. R.</u>	Clinical Evaluation of sivappukukilthaila paste with panchathuvarpikasayamin the management of wound
8	0026	Hayakirivan S	A siddha medicinal plant survey in culturally famous parayankulamellai kali kovil area, pankulam, trincomalee, srilanka

10	0033	SritharanG.	Role of traditional application on diabetic foot ulcer
11	0036	<u>Amarajeewa B.M.S.</u>	A Review on Ayurvedic Concept of Wound Management
12	0041	Kithsiri M.I.L.S.D	Descriptive Study on the Relationship between Leucorrhoea (Swetapradara) and Body Mass Index (BMI) in patients attending to Ayurveda Gynecology Clinics
13	0045	<u>Varuna V.</u>	Effectiveness of Kovaikizhanguchooranam for the management of Mathumegam
14	0047	Wijeyeratne WSS	Patients seeking treatment for joint ailments at an ayurvedic teaching hospital
15	0049	TharsikaRajaratnam	Medicinal uses and pharmacological activity of <i>Dodonaeviscosa</i> - A Literature Review
16	0051	KugaraniKoneaswaran	The study of potential medicinal plants of Ampara district (Karaitivu) and the conservations in the vicinity of their habitats
17	0052	Kumara GUA	Preventive methods of congenital anomalies according to Ayurveda
18	0057	<u>Thillany P.V.</u>	Review of <i>Hemidesmusindicus</i> (L.)R.Br – A comparative study with its substitute <i>Decalephishamiltonii</i> Wight &Arn
19	0058	<u>UthayakumarSaranya</u>	Role of traditional practitioners on treating vertebral lesion caused by trauma - a case study
20	0059	Shifra AS	Al Zahrawi -A Gift to Surgery - A Review
21	0060	TharsikaRajaratnam	A medicinal uses and pharmacological activity of <i>Acoruscalamusin</i> paediatrics- A literature review
23	0065	Sirajudeen M.A.A.	Clinical study of the Unani compound medical preparation for Antilipidaemic activity in Hyperlipidaemic patients
24	0067	<u>Niruba K</u>	Pilot study of efficacy of single Sevarathai leaves for Vellainoi – Leucorrhoea

25	0072	Ranathunga D.P. T	The efficacy of the <i>Erandasaptakapanta</i> in the management of Kashtartava
26	0073	Prasad V.M.	Study of medicinal plants used in respiratory disease according to Siddha pharmacodynamics

## Session B

Chairperson: Dr. Karunagoda KPKR

Co-Chairperson: Dr. Jayawardena NDN

Rapporteur: Dr. Sooriyarachchi BSMM

Coordinator: Dr. Manchanayake BJ

<b>Date</b>	<b>09. 12.2016</b>
<b>Time</b>	<b>2.00 p.m. – 4.00 p.m.</b>
<b>Venue</b>	<b>PG Section – 1<sup>st</sup> Floor</b>

S1	ID		
1.	0074	<u>Bandara WMRA</u>	Effect of medicated oil massage therapy on muscle endurance in sportsmen
2.	0075	<u>Wijesinghe WAMS</u>	Effect of full body oil massage therapy (abhyanga) with mhĀnĀrĀyana oil on muscle endurance in sportsmen
3.	0076	Madushani A.D.P.	Study the quality of life following Kshara sutra treatment for fistula in ano
4.	0078	<u>Niroshanee S.</u>	A Literature review of relieves from Yoga regarding irregular menstruations and complications of menarche
5.	0084	<u>Rayeeza MMLF</u>	Efficacy of <i>aeglemarmaloes</i> half ripe fruit juice in dysentery - a case study
6.	0088	<u>Liyanage RP</u>	Effectiveness of BrahmiGhrita in the Management of Schizophrenia; a Randomized Controlled Trial
7.	0089	<u>Samanmalie E.A.W.</u>	Study on the external environmental causes of the Diabetes
8.	0094	<u>Peiris RM</u>	A review on different formulae of RathaThaila used traditional medicine in Sri Lanka
9.	0096	<u>Madhushani N.V.P. S</u>	Evaluation of the antifungal activity “Extrigo” ayurvedic ointment for Intertrigo (Kachchu)

10.	0097	<u>Alahakoon D.B.G. S</u>	Study of the most frequently used medicine for Muthrashmari (urinary calculi)
11.	0099	<u>Shiyamala V.</u>	Chrysopogonzizanioides – Vettyver - A review
12.	0103	Nilmini W.G.D.	A Clinical Survey on Various Etiological Factors on Autistic Disorders
13.	0106	SamanweeraN	Scientific Evidences for Wound Healing Effect of Sitodaka Oil; A Literature Review
14.	0108	<u>Karunarathna W.D.C.K.</u>	A preliminary study on local effect of traditional herbal remedy used in traumatic nail injuries
15.	0109	<u>Balasooriya M.G.D.N.</u>	Materials used in external applications in indraluptachikitsa in indigenous medicine of srilanka
16.	0110	SivagowriS.	The study of efficacy and safety of anti diabetic herbs
17.	0113	<u>Amathadini K.G.C.</u>	Therapeutic Usage of “ThebuSambal”
18.	0116	<u>Varuna V</u>	Cocciniagrandis (L) Voigt- Review
19.	0117	<u>Bamini R.T.S</u>	Review on excellence of Kaya Katpam (Rejuvenation)
20.	0118	Jayasinghe J.M.G.S.L.	Association between Total Cholesterol and Fasting Blood Sugar
21.	0123	<u>Krishna Sujeethasai</u>	A study of Plants, Animals and Minerals which are used “PuttruNoi” (Cancer) treatment in the authentic Siddha and Traditional text book
22.	0125	<u>Mihirangi A.P.N</u>	The study of the Medicinal & Nutritional values of <i>sygiziumaromaticum</i> (Lavanga)
23.	0128	Ediriweera E. R.H.S.S.	A review on Cassia occidentalis (PeniTora) and evaluation of anthelmintic properties against larvae of Haemonchuscontortus and Toxocaracanis
24.	0131	<u>KanagasabaiKokilan</u>	Potential Aquatic medicinal plants in Jaffna district and its Conservation strategy
25.	0134	Kumari M.W.S.J.	A review of the management of prameha in āyurveda
26.	0135	Salma MLU	Tadbeer Us Shaikhukha / Geriatric care – A Review
27.	0218	Sooriyaarachichi BSMM	Prevention of Apathyanimittaja Madhumeha related childhood obesity: An Ayurvedic perspective

## Session C

Chairperson: Dr. Wickramasinghe MRM

Co-Chairperson: Dr. Nasmeeer MSM

Rapporteur: Dr. Kamathewattha M

Coordinator: Dr. Rinos

Coordinator: Dr. Shiyama

<b>Date</b>	<b>10. 12.2016</b>
<b>Time</b>	<b>8.45a.m. – 10.45 a.m.</b>
<b>Venue</b>	<b>PG Section – 1<sup>st</sup> Floor</b>

S1	ID		
1.	0136	<u>Pramodani</u> <u>M.P.N.</u>	Clinical evaluation of TripaladiUdvardana followed by sarvangasweda in the management of Obesity (Sthaulya)
2.	0140	<u>Rathnakara</u> <u>RMSH</u>	Prevalence of respiratory disorders of children, attending the Ayurveda Teaching Hospital, Colombo
3.	0141	<u>Jayatissa</u> <u>R.P.G.R.</u>	A study of the causative factors of Diabetes mellitus; a clinical survey
4.	0144	<u>Jayawardhana</u> <u>B.J.G.</u>	A literature review on Anti- Cancer ability of soursop ( <i>Annona muricata</i> )
5.	0145	<u>Weerasekara</u> <u>K.R.</u>	Evaluation of the therapeutic effect of Ayurvedicherbominaral Formulation Chandraprabhavaion <i>S@ndrapras@damaha-</i> A case study
6.	0147	NitikaGanjoo	Ethical guidelines in Ayurveda - a literary review
7.	0160	<u>Hapuarachchi</u> <u>N.S</u>	Determination of chemical compounds in the leaves of <i>munroniapinnata</i> via high performance thin layer chromatography (HPTLC)
8.	0162	BegumM.N. N	Anti-inflammatory, anti-oxidant and anti-microbial effects of <i>Brideliaretusa</i> (linn) in treatment of fracture and rheumatism

9.	0163	Niroshani B.A.D.T.	A Review on commonly used medicines for heart diseases in Ayurveda
10.	0167	Kulanatha I.G.P.R	Conceptualizing the management of Chronic Kidney Disease of unknown aetiology (CKDu) in Ayurvedic perspective
11.	0171	Rumaiza J	Pessary treatment for uterine prolapse and health-related quality of life: a case study
12.	0174	<u>Hyderaly H</u>	Treatment of dandruff with home remedies- a review
13.	0175	<u>Fazna A.J. F</u>	A review on <i>saracaasoca</i> bark in the management of menorrhagia
14.	0179	Senarathna PD	Study on the etiological factors of Aamavata patients attending to Ayurvedic teaching hospital
15.	0183	<u>Manuha M.I.</u>	Evaluate the microwave method of cooking with other methods of cooking
16.	0184	<u>Nazeem M.H.M</u>	Manioc ( <i>Manihotesculenta</i> Crantz) can be an intervention therapy for cancer
17.	0186	<u>Azmina MRF</u>	A literary review on sapistan ( <i>Cordia latifolia</i> )
18.	0187	Jayasiri S.A.U.S.K.	Diversity of pharmaceutical procedures and therapeutic utilities of “Ārāmapancakaya”
19.	0189	<u>Muthalib A.M.</u>	Hypoglycaemic effect of Thebu among hyperglycaemic patients
20.	0193	<u>Kaushalya T.R</u>	Study of the prescriptions for urinary calculi mentioned in Ola Leaves and manuscripts collection of the library in the Institute of Indigenous Medicine, Rajagiriya
21.	0194	R.F. Rismiya	Anti inflammatory and analgesic effect of <i>Coriundum sativum</i> linn
22.	0197	<u>FathimaFazna A.J.</u>	A literary view on medicinal effects of lime ( <i>Citrus aurantifolia</i> ) and its traditional food value

23.	0198	<u>Rizniya M.N.F.</u>	Study on JangliBadam ( <i>Terminaliacatappa</i> L.) as a potential substitute for BadamShireen( <i>Prunusamygdalus</i> )
24.	0202	<u>Begum M.N.N</u>	Literary review on medicinal uses of 'Sandalwod'
25.	0204	FazeenahAH A	Therapeutic effect of honey in the management of eye diseases - a scientific review
26.	0206	<u>Gunarathna</u> <u>EDTP</u>	Effect of leech therapy on diabetic foot ulcer - a case study
27.	0208	Rismiya R.F.	Anti bacterial potential of foods and herbs
28.	0211	<u>Azmina M.R.F.</u>	Contribution of Wild mango ( <i>Spondiaspinnata</i> ) as a functional food
29.	0062	Gunaratna TANR	Angāradhooma; The miracle medicine in alternative medical system
30.	0281	Kulatunga WMSSK	A review on medicinal uses of <i>morinda citrifolia</i> (Ahu)
31.	0032	Sathiyaseelan V.	Estimation of ethanol percentage in Arista and Asava: Nimba Arista and Punarnavasava



## Session D

Chairperson: Dr. Fazeenah AHA

Co-Chairperson: Dr. Rizniya MNF

Rapporteur: Dr. De Silva LDR

Coordinator: Dr. Rinos

<b>Date</b>	<b>10. 12.2016</b>
<b>Time</b>	<b>11.00 p.m. – 1.00 p.m.</b>
<b>Venue</b>	<b>PG Section – 1<sup>st</sup> Floor</b>

S1	ID		
1.	0212	<u>Attanayake</u> A.M.H.S.	Assessment of the fracture healing effect for distal radius fracture: A clinical study
2.	0216	Attanayake A.M.H.S.	Assessment of fracture healing following Ayurveda treatment in Malunion distal radius comminuted fracture of wrist without removing the internal fixator: a case study
3.	0220	Jayasinghe J.M.G.S.L.	Diet and physical behavior among adults in western province; associations with overweight and obesity
4.	0226	Perera ULSD	Clinical study of successfully development in health tourism via Shirodhara treatment for anxiety, depression and insomnia
5.	0230	HewamanageW	Buddhist attitude to the ecological hygiene
6.	0232	<u>KaluarachchiAN</u>	Medicinal Value of <i>Gossypiumherbaceum</i>
7.	0235	<u>Rayeesa</u> M.M.L.F.	Effect of unani formulation and IlajbilTadbeer in Ithibas e Tams Sanvi - A Case Report
8.	0240	Fernando P.I.P.K.	Analysis of <i>Aloe vera</i> L. gel and Aloe based cosmetics
9.	0245	<u>Perera ULSD</u>	Potential of Ayurveda health tourism for management of Stress
10.	0249	<u>Rodrigo</u> B.K.M.P.	A study of the suitability of Kabaressa ( <i>Smilax zeylanica</i> ) as a substitute for Cheenaala ( <i>Smilax china</i> )

11.	0250	<u>Pathirana L.C.</u>	Formulation of biscuit incorporating with haridrakhanda as a nutraceutical component and critical review of pharmacodynamics properties in ayurvedic aspect
12.	0254	<u>Nanayakkara N.G.A.A.S.</u>	A Review of the Pharmacological action and medicinal values of herbal gruel (Kolakanda) prescribed by traditional healers of Sri Lanka
13.	0257	<u>Sakunthala DAR</u>	Nutritional value and health benefits of <i>Zingiberofficinale</i>
14.	0258	<u>Wickramasinghe MRM</u>	Critical review of anatomical correlation of SadyahPranaharaMarma with special reference to head and neck region
15.	0260	Tharanga J.K.R.	Identification of Arsenic containing formulae in Vatikaprakaranaya
16.	0263	MHN Shiyama	Concept and management of IllateTahreekeMevi (Irritable Bowel Syndrome) in Unani system of medicine
17.	0264	<u>Farzana M.U.Z.N.</u>	Herbs act on female reproductive system - An evidence based study
18.	0266	Bandusena N.H.A.U.	Study on different Lavana (Salt) used in Ayurveda
19.	0268	<u>Athukorala ADO</u>	Vyayama (Physical exercise); an ideal way to prevent modern day diseases
20.	0271	<u>Wimalasooriya WATS</u>	Effect of an indigenous food supplement (“Suwaposhini”) on nutritional status of pre-school children in Galle district: a prospective community trial
21.	0280	<u>Nuwan V.G.S.I.</u>	Study of the Importance of <i>Catharanthusroseus</i> (L) G. Don. for Diabetes mellitus : A Review
22.	0164	Kodithuwakku N.D.	Standardization and quality control of Ayurveda powdered drug: DhathreeChurna
23.	0222	<u>Dinesha R.W.A</u>	Comprehensive review on ayurveda&buddhist contribution to pre & post-natal counselling
24.	0064	<u>Thillany P.V.</u>	Evergreen revolution of organic farming for a sustainable agriculture in relevant to Tamil ancient literary texts
25.	0082	<u>Thillany P.V.</u>	A literature review – The hidden facts of various combinations of panjabootha in relation to ‘Arokyam’ which is an eminent need of 21 st century relevant to basic concepts of Siddha

26.	0225	Mujahid SM	Anti-carcinogenic activity of <i>Averrhoa carambola</i> (star fruit)
27.	0236	Mujahid SM	A survey on therapeutic usage of <i>Ponogenoncrispus</i> in srilankan traditional medicine
28.	0239	<u>Fowziya AWS</u>	The effect of green tea on obesity
29.	0217	<u>Fowziya AWS</u>	Therapeutic Effects of Roghan Beidanjeer (Castor oil) – A review