

Session 1

Date	11.12. 2015
Time	2.00 p.m. – 4.00 p.m.
Venue	Auditorium

Keynote Speaker: Dr. SD Hapuarachchi

Chairperson: Prof. VK Joshi

Chairperson: Dr. DPA Dissanayake

Rapporteur: Dr. ND Kodituwakku

Session Coordinator: Dr. PASN Silva

	Title	Presenter
1	Neuroprotective effect of bioflavonoid in ameliorating subarachnoid hemorrhage using filament perforation model in hypertensive rats.	M Sathish Kumar
2	Application of Rasayana for paediatric population	EPC Priyadarshani
3	Preparations and plants used to treat diabetes in Sri Lankan Siddha Medicine	S Vivekanandarajah
4	Screening of antibacterial activity of the extracts of <i>Acacia concinna</i> Willd. (Siyakka) – <i>in vitro</i> study	PTN Pathirana
5	A study on lifestyle of elders in J/283 Gramaniladari division (idaikkadu), Sri Lanka	T Kavitha
6	An analytical study on knowledge organizational patterns used in the field of Ayurvedic medicine.	CK Gamage
7	Management of Mandai karapan in traditional medical practice: A Case study	S Loganathan
8	Nutritional value, nutraceutical application and functional properties of <i>Garcinia cambogia</i>	MI Shamila

Session 2

Date	11.12. 2015
Time	2.00 p.m. – 4.00 p.m.
Venue	IT Hall

Keynote Speaker: Dr. KC Perera

Chairperson: Dr. WMSSK Kulatunga

Chairperson: Dr. KPKR Karunagoda

Rapporteur: Dr. IAM Leena

Session Coordinator: Dr. SAD Wimalarathna

	Title	Presenter
1	Renovating drug discovery from traditional medicine: Let history tell the future	SC Mandal
2	Antibacterial activity; decoction of <i>coscinium fenestratum</i> on <i>Staphylococcus aureus</i> ; an experimental study	KAS Aberathna
3	Ayurvedic interpretation to poly cystic ovarian syndrome by using Pushpaghnirevatī (a disease mentioned in Kashyapa Samhita): review	SHK Deepthika
4	Nutritional status survey among children in Sahayapuram, Jaffna, Sri Lanka	V Sivalathajini
5	Evaluation of the clinical effect of ‘R5’ decoction in the management of chronic kidney disease	KGP Wijesekara
6	Materials used in Hradroga Cikitsa with special reference to Bhaishajya Ratnavali	N Gunarathne
7	Pharmacognostical and physicochemical analysis of Sathakupaichoornam- A polyherbal Siddha formulation	A Vasanth Milton Raj
8	Evaluation of traditional food "Kitchadi" on weight gain among the preschool children of four gravatte division in Galle	Fathima Nafha

Session 3

Date	11.12. 2015
Time	2.00 p.m. – 4.00 p.m.
Venue	Hall A

Keynote Speaker: Prof. ERHSS Ediriweera

Chairperson: Dr. AHM Mawjood

Chairperson: Dr. SP Molligoda

Rapporteur: Dr. MS Pallie

Session Coordinator: BADT Niroshani

	Title	Presenter
1	Management of rheumatoid arthritis through Ayurveda- a clinical study on efficacy of vaisavarnachurna and vaitaranabasti.	BP Sarma
2	Analytical study on Vellaivengayakulikai : A preliminary study	GUA Kumara
3	A critical review on concept of Deedan e ama'a in Unani medicine	MHM Hafeel
4	Evaluation of branded market samples of Dashamoolarishta: an attempt to identify possible standardization parameters.	NGD Anuradha
5	A study on the prevalence of eating disorders among national level female boxing players in Sri Lanka	KB Jayasekara
6	Evaluation of the diuretic activity of hot water extract of <i>Tragia involucrata</i> L. in healthy male wistar rats	MS Pallie
7	Waja'-al-Mafaasil - concept and management in Unani medicine	Zishan Ali
8	Pathyāpathya Āhāra used in Vrana Chikithsa (ulcer treatment)	BADT Niroshani

Session 4

Date	11.12. 2015
Time	2.00 p.m. – 4.00 p.m.
Venue	Hall B

Keynote Speaker: Prof. HAS Ariyawansa

Chairperson: Dr. MWSJ Kumari

Chairperson: Dr. RHSK De Silva

Rapporteur: Dr. WAAS Weerakoon

Session Coordinator: Dr. KWMD Kamathewatta

	Title	Presenter
1	Alternative healing practices in the Caribbean	June Douglas
2	Clinical study on the efficacy of the specially prepared Brihati syrup in the management of dry cough (Vāta Pittaja Kāsa)	GUA Kumara
3	A clinical evaluation of the effect of Shothahara compound on Shotha	MWSJ Kumari
4	Intrinsic anti-cancer effects of aqueous extract of poly herbal drug named “Le Pana Guliya” on HepG2 and RD cells	ND Amal Wageesha
5	A randomized comparative clinical study for comparing the efficacy and safety of two different herbal pastes for osteoarthritis.	KWMD Kamathewatta
6	Ayurveda for beauty cultural purpose-A review	AAS Gunapala
7	Clinical evaluation of Shirodhara and MatraVasti with Baladi Yoga on fatigue after stroke (Pakshaghata)	DPPS De Silva
8	A review of ‘Han Eui’, the traditional Korean medical practice that reveals the wonders of ‘Cheon Bu Gyeong’s humanitarian Ideals	SY Lee

Session 5

Date	11.12. 2015
Time	2.00 p.m. – 4.00 p.m.
Venue	Hall C

Keynote Speaker: Dr. PK Perera

Chairperson: Prof. JS Tripati

Chairperson: Dr. SKMK Herapathdeniya

Rapporteur: Dr. YSG Wimalasiri

Session Coordinator: Dr. TS Rajapakshe

	Title	Presenter
1	Comparative evaluation of in vitro antioxidant activity of ethyl acetate and methanol extracts of aerial parts of <i>Trigonella foenum graecum</i>	Sailee Chowdhury
2	The medicinal importance of natural dyes to pharmaceutical industries	Samudrika Wijayapala
3	Investigation of temperature profiles of conventional Puta in Ayurvedic Bhasma (ash) preparation with special reference of preparation of Swarnamakshikabhasma	PMYS Pathiraja
4	A critical review of correlation of Anguli Pramana and selected anthropometric measurements.	MRM Wickramasinghe
5	Modulation of nitric oxide and reduced glutathione levels in apoptosis of RD cells in response to crude extract of <i>Phellinus repandus</i>	MDM Fernando
6	Behavioral patterns of Ayurveda / Traditional practitioners in diagnosis, treatment and referral of suspected leprosy patients to western medical system	Chandani Liyanage
7	Comparative study of effect of <i>Glycyrrhiza glabra</i> against MSSA and MRSA	MS Shihana

Session 6

Date	11.12. 2015
Time	2.00 p.m. – 4.00 p.m.
Venue	Hall D

Keynote Speaker: Prof. KKDS Ranaweera

Chairperson: Dr. N Varnakulendran

Chairperson: Dr. EDTP Gunarathne

Rapporteur: Dr. N Fahamiya

Session Coordinator: Dr. Shiyama

	Title	Presenter
1	Antioxidant activity in aqueous extracts of <i>Murrayakoenigii</i> stored for six months at room temperature and at 4°C	T Kumutharanjan
2	Investigating possibility of imparting antimicrobial property to the cotton fabrics as curative fabric using <i>Curcuma longa</i> (Turmeric).	Samudrika Wijayapala
3	Potential of Pathyapathyam prescribed during therapy of Siddha drugs which are mentioned in Jaffna Siddha text “Segarasasegaram”.	S Nithyapriya
4	Study on Relationship between Garbhāvākṛānti in Ayurveda and Gabbhassāvakkanti in Buddhism	SA Dissanayake
5	Therapeutic potentials and nutritional value of <i>Trigonella foenum graecum</i> (Fenugreek, Meethi) – An overview	DAR Sakunthala
6	A comparative study of Garbha Sharira	SP Uduwanage
7	An analysis of the barriers of the introducing yoga education program for school students in Sri Lanka	HMNR Dissanayake
8	A study of Sri Lankan cuisines with special reference to Ashtha Aaharavidhi Visheshayatana.	PR Waratenne

Session 7

Date	12.12. 2015
Time	8.30 a.m. - 10.30 a.m.
Venue	Auditorium

Keynote Speaker: Dr. MLU Salma

Chairperson: Prof. Raisur Rahman

Chairperson: Dr. MSM Shiffa

Rapporteur: Dr. A Muthalib

Session Coordinator: Dr. Shamila

	Title	Presenter
1	A comparative study of the effect of Ksharsutra Bandhan (Ligation) with rubber band ligation in the management of Arsha (Hemorrhoids)	Praveen N Sahave
2		
3	The “Othiyampaddaipaththu” in Boxer’s fracture management at rural Ayurvedic hospital Pandateruppu, Jaffna.	T Thileeban
4	Spices -A Natural way to prevent non-communicable diseases	WKBDS Fernando
5	Nutritional and functional properties of <i>Cuminum cyminum</i>	RF Rismiya
6	A comparative study of the efficacy of arka (<i>Calotropis gigantea</i>) and apamarga (<i>Achyranthus aspera</i>) pratisaraneeyaksharas in the management of pittajaarsha.	SMNJ Solohokara
7	A Survey on Knowledge, Attitudes and Practices Related To Dengue Fever and Prevention amongst the Residence of ‘Pathiragoda Grama Niladhari’ Division at Nawinna	Dr Renuka Peiris
8	A case study on Da ulFaqa (Pemphigus vulgaris)	MLU.Salma

Session 8

Date	12.12. 2015
Time	8.30 a.m. - 10.30 a.m.
Venue	IT Hall

Keynote Speaker: Dr. WMSSK Kulatunga

Chairperson: Dr. PR Waratenna

Chairperson: Dr. MHF Haq

Rapporteur: Dr. YSG Wimalasiri

Session Coordinator: Dr. KPG Lakmali

	Title	Presenter
1	Total phenolic content of leaf, stem, root and flower of <i>Datura metel</i>	Rajadurai Piratheepkumar
2	Determination of nutrients in commonly consuming Sri Lankan banana varieties.	MI Manuha
3	Reconfirmation of the dispersion pattern of “thailabindupariksha” with certain parameters of urine full report	KMSP Perera
4	Improvement of certain hematological values in a patient with Polycythemia (rubra) vera following Ayurveda treatment: A case report.	BPR Perera
5	A study of clinical risk management in Ayurveda teaching hospitals in Sri Lanka.	KPG Lakmali
6	Standardization of PatoladiLepa: An Ayurvedic paste as a remedy for Krimidanta (dental caries)	LSP Kumaradharmasena
7	Symbolism in Toni Morrison’s beloved for conveying feelings.	KP Sugandika Sandamali
8	Anthelmintic properties of <i>Erythroxylumoonii</i> (Batakirilla) - <i>in vitro</i> and <i>in vivo</i> studies	ERHSS Ediriweera

Session 9

Date	12.12. 2015
Time	8.30 a.m. - 10.30 a.m.
Venue	Hall A

Keynote Speaker: Dr. MCM Maheez

Chairperson: Prof. HAS Ariyawansa

Chairperson: Dr. MUZN Farzana

Rapporteur: Dr. WKBDS Fernando

Session Coordinator: Dr. HSE Pathirana

	Title	Presenter
1	A retrospective cohort study on the efficacy of homeopathy plus conventional medicine compared to conventional medicine in the treatment of hyperlipidemia.	Ibrahim Usman Mhaisker
2	Contamination of aflatoxin in medicinal plants-a phytochemical study.	KM Aslam
3	Gastric ulcer healing activity of hot water extract of leaves of <i>Desmodium triflorum</i> DC. in rat	HS Sakunthala
4	Comparative study on body constitution – An exploration among the traditional systems of medicine in Asian region	Pushpa Kulanatha
5	Evaluation of therapeutic effect of triphalakatakanpata decoction and assessing the quality of life among diabetes mellitus patients.	AMHS Attanayake
6	A literature review on karma Dōsha and congenital defects with special reference to charakasamhitā and selected Buddhist doctrines	WARP Weerasingha
7	Comparative evaluation of Dhanyamla Vasti and Kayaseka in the management of Amavata Wsr to Rheumatoid Arthritis	RLDS Ranasinghe
8	Efficacy of Korosanai maaththirai in Suvaasaasaya rogam (Respiratory disease)	Dr.S.Nithyapriya

Session 10

Date	12.12. 2015
Time	8.30 a.m. - 10.30 a.m.
Venue	Hall B

Keynote Speaker: Dr SKMK Herapadeniya

Chairperson: Dr. DAR Sakuntala

Chairperson: Dr. SM Raeesudeen

Rapporteur: Dr. MAA Sirajudeen

Session Coordinator: Dr. Shahla

	Title	Presenter
1	Siris (<i>Albizia lebbek</i> benth) in the management of Bronchial Asthma- a clinical and in silico approach	Munmee Das
2	Evaluation of Antihepatotoxic ability of <i>Cassia Auriculata</i> (Linn.) against antituberculosis drug Rifampicin induced Hepatotoxicity in rats	Minnady Muthulingam
3	A Literature study on medical management for Retained Placenta based on Ayurveda and indigenous.	SHK Deepthika
4	Comprehensive survey of patients attending to the orthopedic clinic in Ayurveda teaching hospital, Borella.	MRM Wickramasinghe
5	Evaluation of the effect of Hinguadilepa in the management of Khadara (corns)	MPN Pramodani
6	Temperamental analysis of menorrhagia in reproductive age group	Rumaiza Rasmy
7	Ayurveda and its connection to modern science	Elena Steinheim

Session 11

Date	12.12. 2015
Time	8.30 a.m. - 10.30 a.m.
Venue	Hall C

Keynote Speaker: Dr. MWSJ Kumari

Chairperson: Dr RDH Kulatunga

Chairperson: **Dr. MI Manuha**

Rapporteur: Dr. APA Jayasiri

Session Coordinator: Dr. Musmira

	Title	Presenter
1	To assess the efficacy of bhujangasana & dhanurasana in katishul (low back pain) in computer users	Vikas Dubey
2	Geo Leaf - intelligent system for discovering medicinal plants and generating their geographical distribution	DN Ayola Jayamaha
3	An assessment of the perception of stress in type 2 diabetic patients in accordance with perceived stress scale (PSS 10)	MWSJ Kumari
4	Demographic profiles in clinical entity of Abhishyanda with special reference to bacterial conjunctivitis.	LDR De Silva
5	Prevalence of risk factors for non communicable diseases in the selected population of urban areas in Thalawathuhenpita - North Grama Niladari divisions in Kelaniya District Secretariat Division of Gampaha District of Western Province, Sri Lanka and to develop a training programme with reference to Ayurveda medical system.	DWA Nayanathara
6	Comparative assessment of Jalaukavacharana (Hirudotherapy) and Siravyadha (Venepuncture) in the management of chronic venous ulcers.	DPDN Kularathna
7	Scientific approach for the mechanism of traditional process of preparing “Asava and Arista”	PA Nadi Gayani Perera

Session 12

Date	12.12. 2015
Time	8.30 a.m. - 10.30 a.m.
Venue	Hall D

Keynote Speaker: Dr. IGPR Kulanatha

Chairperson: Dr. MHM Nazeem

Chairperson: Dr. NDN Jayawardane

Rapporteur: Dr. MNF Rizniya

Session Coordinator: Dr. UGN Perera

	Title	Presenter
1	Efficacy and safety of a polyherbal Unani drug in patients of active rheumatoid arthritis	Yasmeen Shamsi
2	Antiplatelet activities of <i>Mimosa pudica</i> 's leaves water extract in DDY strain mice	Dewi Tristantini
3	History of type 2 diabetes mellitus (ziabetes shakari) through ages: an appraisal	AA Rizwana
4	Efficacy of combine drug therapy on carpal tunnel syndrome	Shiyamala
5	Development of questionnaire to assess mental health literacy for the field of Ayurveda	RHSK de Silva
6	An experimental study on the effectiveness of traditional local application for knee joint contusion	ND Namal Jayawardhane
7	Study the analgesic effects of Sudarshana powder in animal model.	WASS Weerakoon
8	A study on the quality standard of private ayurvedic spa and treatment centres in the western province in sri lanka	Dr. Mrs. Sulekha Gardiye Punchihewa

Session 13

Date	12.12. 2015
Time	11.00 a.m. - 1.00 p.m.
Venue	Auditorium

Keynote Speaker: Dr. RDH Kulatunga

Chairperson: Dr. SD Hapuarachchi

Chairperson: Dr. AH Ayshah Fazeenah

Rapporteur: Dr. Asoka Gunasekara

Session Coordinator: Dr. RAND Alwis

	Title	Presenter
1	A comparative study to reconfirmation the dispersion pattern of Thaila Bindu Pareeksha with selected parameters of UFR	NS Abegunasekara
2	A critical analysis of Hradyadravya (cardiac drugs) with reference to management of cardio vascular diseases	PC Waidyaratne
3	Effectiveness of mahavarthikava pill on escherichia coli	RP Liyanage
4	A comparative clinical study to evaluate the efficacy of Jatyaditaila local application and Neelyadi taila local application in the management of parikartika w.s.r. to fissure-in-ano	PGTP Kumara
5	Study of the villages in Mullaitivu district which are named according to the medicinal plants	Vanniyasingam Athavan
6	Clinical study on Erandasaptakakashaya in the management of Gridrasi	AS Nishshanka
7	Testing the marking nut oil to study effects on lipase activity of duodenum and intestine in Albino rats.	Chhaya V Choudhari
8	A study of Management practices for preventing Non Communicable Diseases in Elderly population in Trincomalee urban council area	Dr. M Niranjan

Session 14

Date	12.12. 2015
Time	11.00 a.m. - 1.00 p.m.
Venue	IT Hall

Keynote Speaker: Dr. AHM Mawjood

Chairperson: Prof. MA Jafri

Chairperson: Dr. MRM Wikramasinghe

Rapporteur: Mrs. Rayeesa Hasmath

Session Coordinator: Dr. Susaan

	Title	Presenter
1	Comparative analytical study of Shankha Bhashma prepared by conventional method and market sample	SMS Samarakoon
2	Effect of <i>Euphorbia hirta</i> on the management of constipation (Malakkaddu)	Vigitha Paheerathan
3	An exploratory study on distribution pattern of body constitution and its correlation with clinical symptoms of chronic kidney disease (CKD) patients	Sahani Weerasekara
4	A clinical case study to evaluate the efficacy of Neelyadi oil local application for partial fistulotomy followed by Ksharasuthra therapy in the management of Bagandara with special reference to fistula in ano	PGTP Kumara
5	Standardization and quality control of healing herbs Liver Health & Detox Capsule	AK Thejan
6	Comparative clinical study on the efficacy of treatment for Sraviarshas (bleeding piles) using the decoctions of Rathkaralheba (<i>Cyathulla prostrata</i>) and Gaskaralheba (<i>Acyranthes aspera</i>)	DPA Dissanayake
7	Therapeutic and nutritional value of coconut water – A review	IL Abdul Hai
8	The management of male infertility in indigenous system: observational study.	S Nithyapriya

Session 15

Date	12.12. 2015
Time	11.00 a.m. - 1.00 p.m.
Venue	Hall A

Keynote Speaker: Dr. DAR Sakuntala

Chairperson: Dr. Anup Thakar

Chairperson: Dr. IGPR Kulanatha

Rapporteur: Dr. LDR De Silva

Session Coordinator: Dr. MKGCM Manike

	Title	Presenter
1	A study on effective distribution of Ayurveda drugs in Eastern Province of Sri Lanka	SMS Samarakoon
2	Effect of <i>Pimpinella anisum</i> on the management of Iraippunoi (bronchial asthma)	Vigitha Paheerathan
3	The effect of Rogani khash, Sunlight soap and Chunam paste for “Kadara” as an external application - A case study	Sahani Weerasekara
4	Prevalence of Diabetes and Impaired Fasting Glucose (IFG) in adult population in the Kadawath-sathara, Galle District	FNM Nizamdeen
5	Therapeutic Effects of Sri Lankan Traditional Medicine and Ayurveda Treatment Regimes on Sandhigatha Vata (Osteoarthritis) – A case series.	Pathirage Kamal Perera
6	Available carbohydrate and glycaemic index of white rice flour food	Asha M. Muthalib
7	Development of a substitute oil for Vipadikahara Grita Taila and its evaluation against Vipadika skin disease (A case study)	HGSP Hewageegana

Session 16

Date	12.12. 2015
Time	11.00 a.m. - 1.00 p.m.
Venue	Hall B

Keynote Speaker: Dr. PR Waratenna

Chairperson: Dr. Rajendra Prasad

Chairperson: Dr. JM Dahanayake

Rapporteur: Dr. YAUD Karunaratna

Session Coordinator: Dr. KWMD Kamathewaththa

	Title	Presenter
1	Concept of NCD in Ayurveda viewpoint and its management with special reference to Langhana- A review	SMS Samarakoon
2	Study on the pharmaceutical processing of Vanga Bashma.	PD Senarathna
3	A novel interpretation of Krimija Hridroga by critical literal review on its Samprapti	KIWK Somarathna
4	Development of sign and symptoms evaluating scoring system for food hypersensitivity	YSG Wimalasiri
5	Scientific studies on the therapeutic benefits of garlic	Asha M. Muthalib
6	Case study on Zoaf-e Kulya (renal failure)	SM Raeesuddeen

Session 17

Date	12.12. 2015
Time	11.00 a.m. - 1.00 p.m.
Venue	Hall C

Keynote Speaker: Dr SP Molligoda

Chairperson: Prof. ERHSS Ediriweera

Chairperson: Dr. BM Nageeb

Rapporteur: Dr. AHM Hafeel

Session Coordinator: Dr. EPC Priyadarshani

	Title	Presenter
1	Lack of evaluation of manuscripts and scientific studies is the major lacuna in traditional medicine	MSM Nasmeeer
2	Standardization of Sarasvatha Choorna: Used as a remedy for Dementia	TDN Karunaratne
3	Usage of ‘Korosanaimaathirai’ in siddha traditional pediatric treatment at ‘Ponniah medical hall, Thirunelveli East, Jaffna	G Mathiyarasi
4	Review on the effect of oral administration of two different oils in Hyperlipidemia patients	KNA Dharmasena
5	A randomized open labeled comparative trial to evaluate the efficacy of Satapushpa Shatavari Churna with Satapushpa Shatavari Grita Matra Vasti for the management of polycystic ovary syndrome (PCOS)	KAM Kumarapeli
6	Case study on Synovitis	SM Raeesuddeen
7	Screening for antibacterial and selected mineral components in the steam distillate of Aegle marmelos	Dr.Mrs.Viviyan Sathiyaseelan
8	Literature study on effects of Music to the Udattholililyal function of the yakkai in Siddha aspects	Niroshan

Session 18

Date	12.12. 2015
Time	11.00 a.m. - 1.00 p.m.
Venue	Hall D

Keynote Speaker: Dr. MHM Nazeem

Chairperson: Dr. NVP Rohini

Chairperson: Dr. MSM Nasmeeer

Rapporteur: Mr. AJP Samarawickrama

Session Coordinator: Dr. Silmia

	Title	Presenter
1	Executive summary of Public Perceptions about Alternative Medicine in Angel, London.	Sandya Hallala
2	Anti-inflammatory, antioxidant, and immunomodulatory effects of <i>Crocus sativus</i> L. and its main constituents	MH Boskabady
3	“Ainachini” as an adjuvant therapy in the management of facial nerve palsy.	Abulhasan Ashraf
4	Randomized controlled single blind clinical study comparing the efficacy of Ayurveda powdered drug preparations Bumyamalaki and Pushyanuga on Raktapradara (Menorrhagia) due to dysfunctional uterine bleeding	R Priyadharshani Perera
5	Polyphenols are responsible for DPPH radical scavenging activity of <i>Phyllanthus urinaria</i> (Rathu Pitawakka) plant	BDR Perera
6	A literature based study on pulse-lore of indigenous Medicine and ayurvedic system with special reference to Sinhala yōgaratnākaraya and purānanādikiyamana	Nileeka Samanweera
7	A Literature Based Study on Gōmūtra Harītakī as Described in Ayurvedic Medicine (with Special Reference to Muttaharītaka or Pūtimuttaharītaka)	S.A. Upekshika Saumya Kumari Jayasiri